

FOREIGN RIGHTS CATALOGUE

Titles from **SILBERSCHNUR** – available for translation



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Dear Friends & Colleagues,

Dear Friends & Colleagues,

It was a great pleasure to meet some of you personally at last year's Frankfurt Book Fair. I am very pleased to present our new rights list, including parts of our backlist as well. I am convinced that you will find several interesting titles for your program in Silberschnur's Foreign Rights Catalogue 2019.

Once again, our publishing house offers you a wide variety of subjects, yet they are all about the individual development and the various possibilities to gain more awareness and an increasing consciousness.

This Foreign Rights Catalogue presents our available titles in our publications fields:

- ART OF LIVING
- BODY, MIND & SPIRIT
- SPIRITUALITY & ESOTERICISM
- HEALTH & HEALING
- PERSONAL DEVELOPMENT

Please take your time to browse through this new Foreign Rights Catalogue.

If you need more detailed information, please feel free to contact me or visit www.silberschnur.de.

Of course, I would be delighted to send you reading copies. If you wish to get your examination copy sooner, I shall be happy to send you reading copies as a PDF.

Please send me your suggestion for an appointment as soon as possible.

Kind regards,



Peter Schmidt
Editorial Consultancy &
Foreign Rights Management
Verlag »Die Silberschnur« GmbH
email: p.schmidt@silberschnur.de



WORLD RIGHTS AVAILABLE

136 pages, paperback

PERSONAL DEVELOPMENT

New Releases 2019

Kurt Tepperwein

Whatever you want!

Magnetically attract what makes you happy

We all have magnetic forces. Not only do we radiate something, but there also is subconscious attraction in us. Kurt Tepperwein shows you how to activate your magnetic forces to give your life a direction that's not only satisfying but makes you really content and happy.

So if you want to magnetically attract things you enjoy, getting rid of old habits along the way, this is the right book for you. It's time for you to get whatever you want!



KURT TEPPERWEIN

Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress. He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.



WORLD RIGHTS AVAILABLE

SOLD FRANCE

160 pages, paperback

PERSONAL DEVELOPMENT

New Releases 2019

Kurt Tepperwein

Rediscover yourself and be happy

The pursuit of happiness is as old as humanity itself. But what is happiness? And who really knows how to find it?

There already is plenty of advice about how to live a better life, but oftentimes these are only empty promises. Bestselling author Kurt Tepperwein now ventures into the topic with humour and depth and shows how to give life a new direction and virtually program ourselves to be successful. In entertaining exercises, you will learn about your real desires, hopes and wishes, but also about what you should best avoid so as not to drive happiness away.



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WORLD RIGHTS AVAILABLE

288 pages, paperback

SPIRITUALITY & ESOTERICISM

New Releases 2019

Trutz Hardo

The successes of regression therapy

Practical insight into 5 protocols

In this useful book, experienced regression therapist Trutz Hardo presents impressive examples and helpful hints for clients, regression therapists and all those who would like to enter the field. Based on five complete regression therapies, the book shows how they are conducted and how amazingly successful even a single session can be. Some physicians also recommend regression therapy because it's a revolutionary way of healing physical and spiritual pain and suffering. The results speak for themselves. This book could revolutionize your whole way of thinking.



TRUTZ HARDO

Trutz Hardo is one of Germany's best-known spiritual authors. In his books and seminars, he helps people on their path to expand their consciousness. He also is a sought-after speaker and interview partner about esotericism and self-help.

For videos and more information about his publications, please visit:
www.trutzhardo.de



WORLD RIGHTS AVAILABLE

OPTION FRANCE

256 pages, paperback with flaps

PERSONAL DEVELOPMENT

New Releases 2019

Manfred Mohr

Your numbers – your stars

... becoming self-aware – understanding others

We all have a difficult boss, weird colleagues or a sometimes complicated and challenging mother-in-law. The 108 character types help us better understand those people's behaviour and handle them more easily.

This book invites us to humorously become more self-aware and calmly accept our own strengths and weaknesses and enables us to really accept our fellow human beings and ourselves as we are, with a twinkle in our eyes.



MANFRED MOHR

Dr. Manfred Mohr has a doctorate in Chemistry. Having worked for many years as a business consultant, he is now a successful author and a host of seminars focusing on personal development. With 'The Miracle of Self-Love', he became known to the general public in 2011. By now, more than 300,000 of his books have been sold. Manfred Mohr was married to the late author Bärbel Mohr who died in 2010 and lives near Munich together with their twins. He passes on her spiritual legacy.



WORLD RIGHTS AVAILABLE

OPTION FRANCE + ITALY

224 pages, softcover

ART OF LIVING

New Releases 2019

Anjana Gill

Thank you, dear universe

95.7 % fulfillment of your wishes

You and the universe – something’s going on there!

It really works. It’s absolutely fascinating. The universe makes wishes come true.

Ever since I started ‘testing’ the universe, I cannot but laugh, wonder and be happy. It’s almost unbelievable to see what’s possible.

The only question remaining is: Will the universe make your wishes come true, too?

Of course it will.

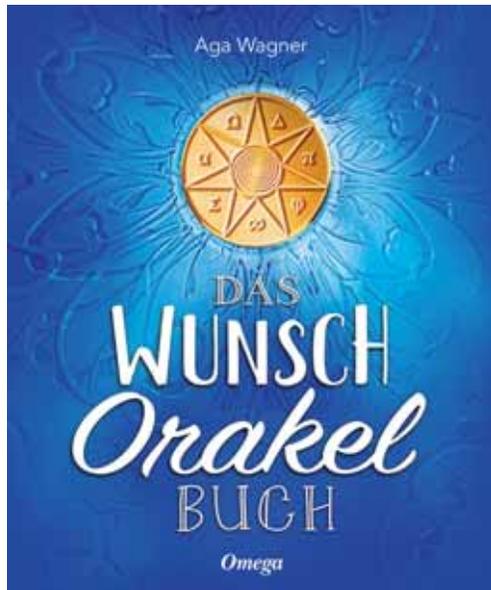
Easy-going and with plenty of humour, I will show you how to have your wishes fulfilled by the universe.

At the end of the day, there’s only one thing left to say: We love the universe.



ANJANA GILL

Anjana Gill has written numerous books and is an expert for matters between heaven and earth. In the last decades, with lots of passion and joy, she has focused on showing that there is an exciting connection between humans and the universe. Her motto: everything is possible if you cooperate with the universe. Because there is a connection between heaven and earth – a connection that unites earthly life and cosmic possibilities. Exciting, fascinating, successful.



WORLD RIGHTS AVAILABLE

OPTION FRANCE

+ NETHERLAND

224 pages, hardcover with jacket

PERSONAL DEVELOPMENT

New Releases 2019

Aga Wagner

The book of oracles to make wishes come true

This is how wishes come true ...

Wishing for something means desiring something we don't have yet - and by way of that, postponing our wishes to the future. But don't we want to experience this future right now? Don't we want to know which one of our great dreams will come true?

While this book cannot look into future, it does provide 49 practical techniques and tools enabling us to find the method best suited to our own wishes.

Discover how to easily and successfully use this amazing oracle to make your wishes come true.



AGA WAGNER

Aga Wagner studied architecture and civil engineering and now works in research. As a typical Aries sign, she is constantly looking for new challenges. In her spare time, she does research in universal intuitive powers and develops methods to intensify them. In numerous seminars, self-studies and practical experiences she gained extensive knowledge in this field. The author lives south of Vienna.



WORLD RIGHTS AVAILABLE

160 pages, 4-coloured, hardcover

BODY, MIND & SPIRIT

New Releases 2019

Theo Fischer

WuWei – The art of living of the Tao

Do nothing and achieve everything

When you open up to the millennia-old wisdom of the Tao, you will learn that life is indescribably easy with it.

Theo Fischer shows us how to learn to live in the present and enjoy life. He accompanies us on the path of the Tao, showing us that we should take life as it is, act from our centre by just letting things happen and thus free ourselves from worries and thoughts about tomorrow. When we stop fighting against our inner power, we learn how beautiful and joyful our existence in harmony with our original destiny can be.



THEO FISCHER

Theo Fischer, born in Karlsruhe in 1931, has worked as a freelance management consultant for twenty-five years. In 1985, he gave up his profession, moved to France, and began to write books on Asian philosophy and about life. In the publishing house “Die Silberschnur” appeared 1989 his first title “Wu wei, the Lebenskunst of the Tao”. It has been sold over a hundred thousand times and has now also appeared in Italy. Other successful books followed. The author has lived in Piedmont, Northern Italy since 1997, where he died in December 2013.



WORLD RIGHTS AVAILABLE

136 pages, paperback

HEALTH & HEALING

New Releases 2019

Angela Frauenkron-Hoffmann
Free from migraine
thanks to biological decoding

A unique self-help method to free yourself from migraine once and for all.

Biological decoding offers us a method to systematically decode, feel, and remove the personal and family background of this illness. Thanks to this very effective self-help method, by way of step-by-step instructions, you will finally become migraine-free and able to fully take part in life again. Many case examples illustrate the different causes of migraine and help you track down the root cause.



ANGELA FAUENKRON-HOFFMANN

Angela Frauenkron-Hoffmann is a psychotherapist from Belgium. For the past 25 years, she has worked with children and adults in her own practice. Fascinated by the logic of nature and life, together with her patients, she goes in search of the 'bio-logical' explanation of their symptoms and – logically – helps them heal themselves. She holds seminars in the German- and French-speaking areas for interested laymen, but also for therapists wanting to learn how to conduct Biological Decoding.



WORLD RIGHTS AVAILABLE

288 pages, paperback

HEALTH & HEALING

New Releases 2019

Angela Frauenkron-Hoffmann

Free from hyperactivity, behavioural disorders and deadlocks in school thanks to biological decoding

Does your child show a behavioural disorder? Hyperactivity, ADS, aggressiveness, truancy, learning difficulties, exam nerves, stuttering, bed wetting ... ?

Behavioural problems usually reflect a survival strategy the child had to develop because of his or her family background.

Using many specific case examples, the author explains the underlying biological mechanisms and helps you understand the root causes of your child's problem.

This is how you can liberate your child!



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PERSONAL DEVELOPMENT



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WORLD RIGHTS AVAILABLE

272 pages, flexcover

Bernd Späth

Beware of coaching ... or better not?

How to finally understand your freaky boss
and weird colleagues

When you're close to having a burnout, you need help. Sometimes, you need somebody to give you a loving nudge: It's about time you take action!

Bernd Späth put observations and incidents from more than 15 years of coaching into exciting and often cheery-quirky short stories. Finally, we understand why everybody is so weird and crazy – and discover how to find solutions for ourselves.

An excellent and funny guidebook for all those wanting to find their bearings at work – but not only there!



BERND SPÄTH

Bernd Späth, a lawyer born in 1950, made himself known to an audience of millions with the film version of his debut novel 'Seitenstechen.' Since then he has written nine novels, diverse short stories and seven stage plays. After several years of being seriously ill, he radically changed his life plans. After completion of a psychoanalytical training of more than a thousand hours, he now additionally focuses on NLP and also completed a training in hypnosis. Since 2002, he has been running a coaching practice in Starnberg, where he has helped hundreds of managers and freelancers find their way out of critical situations.



WORLD RIGHTS AVAILABLE

216 pages, paperback

ART OF LIVING

New Releases 2019

Peter Fidèle

Thy will be done?

Letters of complaint to God

What can we do if injustices, the state of the world, the absence of luck or outdated church practices make us doubt about life? If we're simply fed up with everything? Who can we turn to? Where can we complain?

Directly at the highest level. With God.

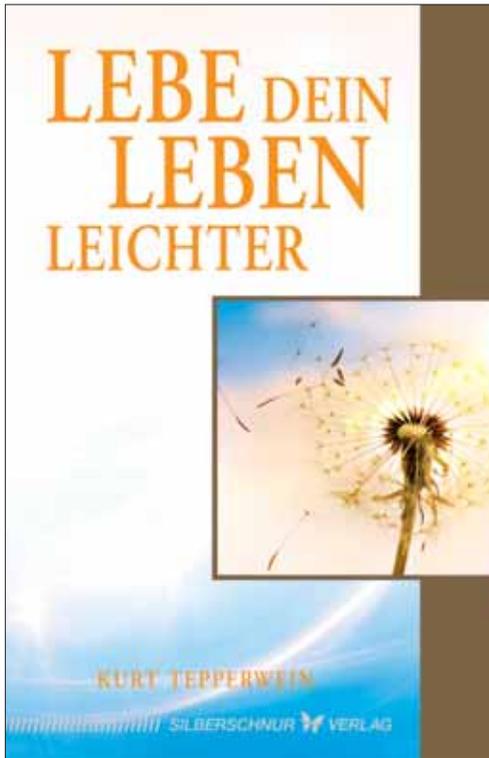
In his letters to the Creator, Peter Fidèle pulls out all the stops and doesn't mince his words. With an ironic twinkle, he discusses apparent injustices in life, celestial reparation payments and the meaning of life itself.

It's all hilariously funny and amazingly profound at the same time.



PETER FIDÈLE

Peter Fidèle studied journalism at the University of Fribourg in Switzerland. For more than 20 years, he worked as an editor with several daily newspapers in Switzerland, Germany and Austria. Fidèle lives in the Provence region of France and devotes his time to writing.



WORLD RIGHTS AVAILABLE

152 pages, paperback

SMALL SERIES

New Releases 2019

Kurt Tepperwein **Live your life more easily**

Understand the 'game of life' and live more easily!

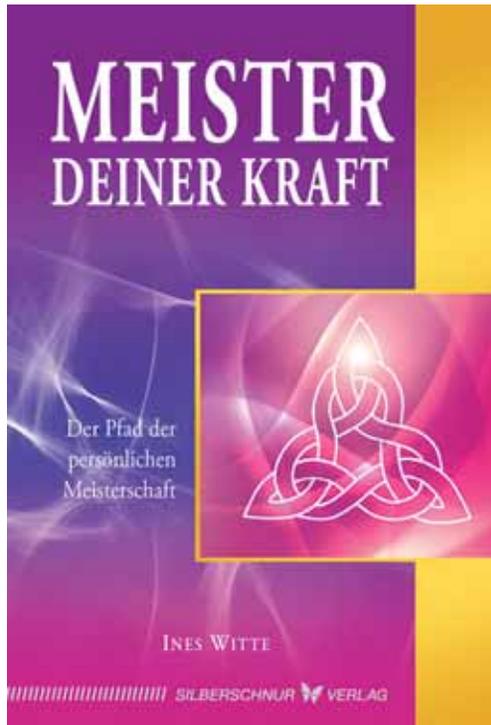
The predicament: Stress at work, family arguments, lack of time, illness, lack of perspectives, unfulfilled dreams ... It's a long list of things that fill up our lives with worries.

The solution: With many proven and practical methods, renowned life teacher Kurt Tepperwein helps you discover your true self and free yourself from worries and fears in order to actually live more easily!



KURT TEPPERWEIN

Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress. He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.



WORLD RIGHTS AVAILABLE

176 pages, 2-coloured, paperback

SMALL SERIES

New Releases 2019

Ines Witte

Being the master of your own strength

The path towards personal mastery

All over the world, people are talking about spiritual awakening and achieving personal mastery – but the way there isn't always easy.

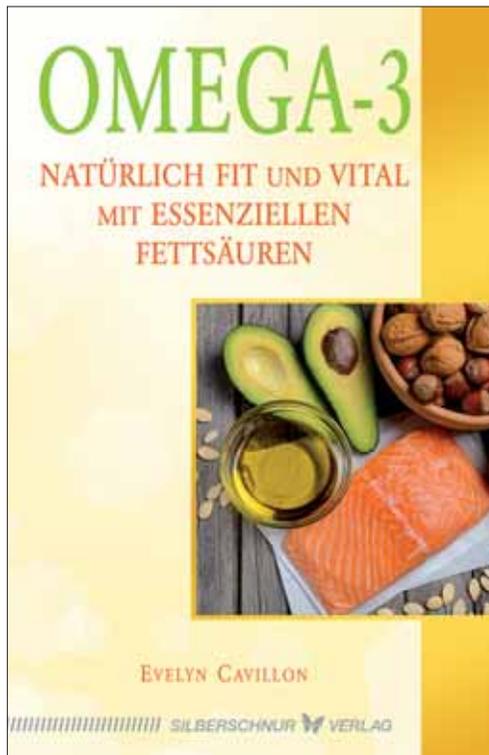
Ines Witte asked Masters like Hilarion and Saint Germain to offer assistance to master these difficult times.

You will learn how to reconnect with your true strength and to make your core an inner sanctuary. Exercises and meditation invite you to unlock the chamber to your inner resources, your talents and skills – in order to be well prepared for the path of mastery.



INES WITTE

Ever since 1995, Ines Witte has worked as an alternative practitioner in her own practice. As a coach, kinesiologist and certified regression therapist, she assists people in processing their life themes. Ines Witte serves as a psychic for the Ascended Masters. Her collaboration with the spiritual world already resulted in the creation of several books. Ines Witte offers seminars for profound work with the rays of the Ascended Masters and the violet flame of transformation.



**WORLD RIGHTS AVAILABLE
SOLD FRANCE + COLOMBIA
OPTION NETHERLAND**

128 pages, 2-coloured, paperback

SMALL SERIES

New Releases 2019

Evelyn Cavillon

Omega-3

**Keeping yourself naturally fit and vital
with essential fatty acids**

Omega-3 and our health

When shopping for oils, margarines and bread, we often see this magic word pop up as a promotionally effective buzzword. The essential fatty acids contained in this additive are said to strengthen the body and prevent diseases. In reality, though, omega-3 is just a new edition of a good old 'miracle cure' named cod liver oil. It has been known for a long time to protect and even foster intelligence.

This useful, easy-to-understand guidebook offers many tips about how to use omega-3 in order to keep our body and soul young, fresh and vital.



EVELYN CAVILLON

Evelyn Cavillon studied at the school of journalism CELSA-Sorbonne in Paris and received her doctorate at the economic university Dauphine. Her strong interest in medical topics grew even more thanks to her access to research teams in Paris hospitals. These contacts finally inspired her to deal with difficult medical topics in a way that's accessible for everybody.

Her publications include medical books like 'Schokotherapie', 'Bluthochdruck', 'Cholesterol', etc. She also writes articles for the German and French trade press about the book trade in France and Germany where she has a second residence.



WORLD RIGHTS AVAILABLE

SOLD FRANCE

+ CZECH REPUBLIC

128 pages, paperback

BODY, MIND & SPIRIT

New Releases 2019

Sabine Kühn & Ulla Knoll **Harmonizing your living and working space**

Methods to energetically clean your house

Everything is vibration – and everything is energy.

When negative energies vibrate in a room, positive elements are needed to harmonize it.

But positive thinking isn't always sufficient to really 'clean' such a room, which is why the experienced authors introduce you to several cleaning methods from 'smoking' to 'sound' to 'inner cleaning.'

Thanks to energetic cleaning, you can finally achieve more well-being, peace and harmony in your living or working space.



SABINE KÜHN

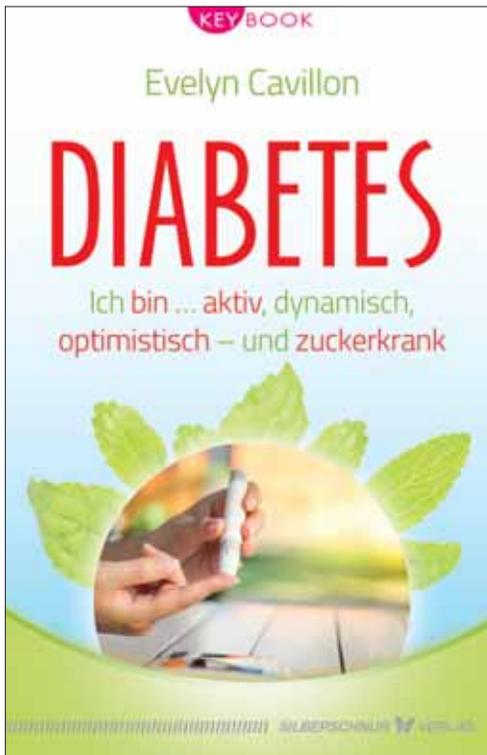
Sabine Kühn works as an author, Reiki teacher and aura photographer, teaches pendulum divination as well as a geomancer with focus of harmonisation of living places and interfering field search. The autor lives in Frankfurt.



ULLA KNOLL

Ulla Knoll conducts seminars and workshops to topics like quantum thinking and emotional intelligence, in which she implicates abilities like visualisation, intuition, holistic thinking and dream working to her work.

HEALTH & HEALING



**WORLD RIGHTS AVAILABLE
SOLD FRANCE + COLOMBIA**

128 pages, paperback

Evelyn Cavillon
Diabetes

I am ... active, dynamic, optimistic – and diabetic

Diseases like diabetes often affect vital people who have a hard time accepting their new situation.

This useful book offers solutions and initiates awareness processes as diabetes not only affects the body but also the mind and soul, the inner relationship to the disease. With the right attitude, diabetes becomes an – albeit unavoidable – ‘companion’ that anyone affected can live an active, dynamic and optimistic life with by way of self-responsibility and self-awareness.

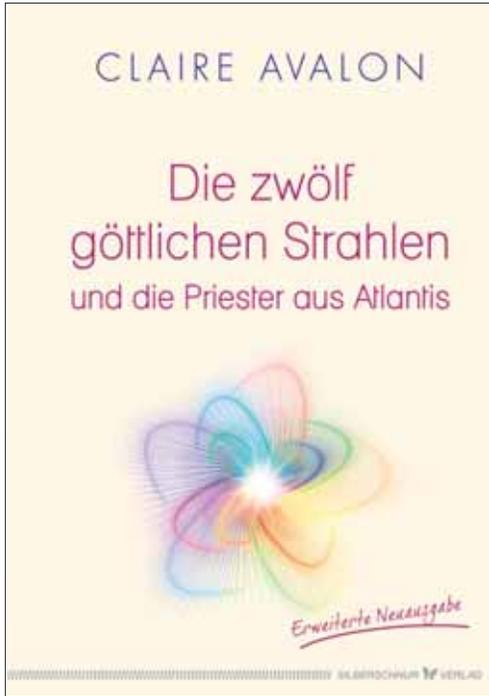


EVELYN CAVILLON

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SPIRITUALITY & ESOTERICISM



WORLD RIGHTS AVAILABLE

376 pages, with coloured part,
hardcover

Claire Avalon The twelve divine rays and the priests from Atlantis

The twelve divine rays and the Atlantean priests help us walk the path to a new age of transformation.

El Morya, Chohan of the first ray, describes our path to the 'new age' and the successful use of the twelve rays. He shows us how to implement a meaningful plan with the help of the twelve rays and become a co-creator. And he introduces us to 84 Atlantean supportive priests and priestesses serving on the twelve rays. Their time has come to reveal themselves to us and offer us their divine help.



CLAIRE AVALON

For more than 20 years, the author has worked as a medium for the Masters of the Great White Brotherhood, especially for the Ascended Master El Morya. The science of cosmic rays, also known as esoteric psychology, is the foundation of her work which comprises coaching, courses and workshops.



WORLD RIGHTS AVAILABLE

390 pages, hardcover

ENERGY & PHYSICS

Top-Titles Omega

Bernd Senf

Rediscovering Life Energy

Research About Life Energy by Reich, Schauberger, Lakhovsky, et al.

Join Bernd Senf on a journey to ancient knowledge that was thought to have been lost forever. However, people like Schauberger, Reich and Lakhovsky studied this forgotten knowledge. Discover its roots and practical application. The author guides us to fundamental knowledge about living processes and the pulsation of life in humans and nature. He shows us the reasons why life energy is obstructed or freezes and comes up with solutions to allow it to flow again.



BERND SENF

Bernd Senf is a professor of economics, a life energy researcher and a bio-energetician. He is committed to identifying the root causes for obstructed life energy and the fundamental basics to overcome them, allowing it to unfold more and more.

PERSONAL DEVELOPMENT



WORLD RIGHTS AVAILABLE

224 pages, paperback

Maria Brunner
I am what I am!
 The freedom to be true to yourself

‘I am what I am!’ This short and simple sentence – if you mean what you say – is enough to change your life! It stands for your decision to be in favour of yourself rather than against yourself. ‘I always wanted to please all of the people all of the time,’ author Maria Brunner remembers. ‘I wanted to please rather than to attract attention, I didn’t want to upset anyone rather than being open and honest.’ This book is a tribute to self-determination, independence, and a life of mental freedom.



MARIA BRUNNER

Maria Brunner, born in 1955, is a nutrition and health consultant and a Reiki master. In November 2010, a sudden brain haemorrhage abruptly destroyed her old life. Following a spontaneous inner impulse in the middle of trauma, she started writing down her insights and experiences. She lives and works in the Bavarian Forest.



WORLD RIGHTS AVAILABLE

224 pages, with meditation CD,
paperback

PERSONAL DEVELOPMENT

New Releases 2019

Maria Brunner

The innocence principle

The secret key to zest for life,
inner strength and true confidence

Are you honestly willing to be happy, confident and strong and to be able to deeply trust?

Then hit the road to your new life! The only thing you need is your own conscious choice to live a happy life.

This book is a journey back to innocence – a journey to a profound zest for life, inner strength and absolute trust.

The accompanying audio CD contains the five most important meditations described in the book. Only a few books come with the potential for change. This one does.



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WORLD RIGHTS AVAILABLE

224 pages, paperback

ART OF LIVING

New Releases 2018

Maria G. Baier-D'Orazio
**How about cutting your
tomatoes in a different way?**

How to break free from our daily
routine and get younger

Haven't you always dreamed of a life that has room for new things, spontaneity, zest for life and adventures? You can indeed create this life and let a breath of fresh air in. Discover how small changes in your life help make it more colorful, multi-faceted and intense. This has a wonderful side-effect: this new type of intensity will activate the hidden youngness in yourself. Guided by a wealth of playful exercises, you will discover a true fountain of youth for a life that reinvents itself every day.



MARIA G. BAIER D'ORAZIO

For more than 20 years, Maria G. Baier-D'Orazio, born in 1952, has internationally supported people in their projects and coached them in communication and personal development. She conducted comprehensive research about the potential of older people and found that ingrained perceptions about 'age' should be reversed. The author works as an expert and advisor in the field of international development cooperation. She lives in Pforzheim and Genoa.



WORLD RIGHTS AVAILABLE

192 pages, bound

ART OF LIVING

New Releases 2018

Manfred Mohr

Cosmic ordering today

New ways of wishing in new times

Cosmic ordering today has become much more complex. What began as 'Just order it' today bears fruit of an increasing conscience that we can change something in our lives.

- How has ordering changed?
- Which novelties were added?
- What is the best way of ordering today?

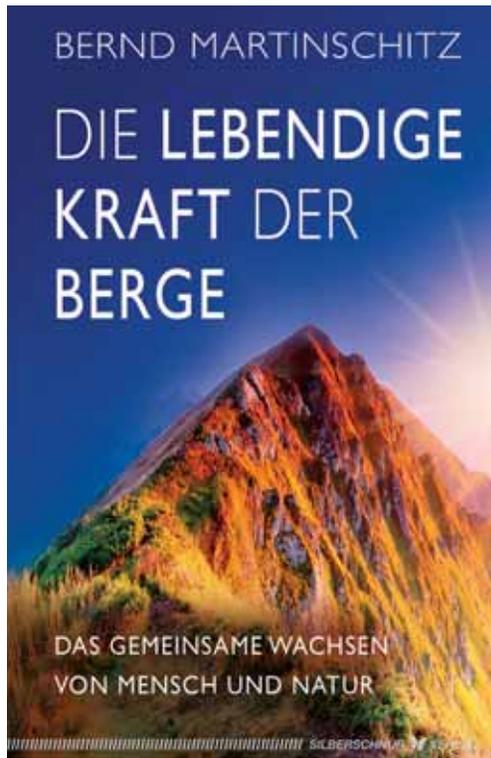
This book helps you feel how closely interconnected we are with the universe and our fellow human beings and how important our inner attitude really is.

Discover the new form of ordering all for yourself!



MANFRED MOHR

Dr. Manfred Mohr has a doctorate in Chemistry. Having worked for many years as a business consultant, he is now a successful author and a host of seminars focusing on personal development. With 'The Miracle of Self-Love', he became known to the general public in 2011. By now, more than 300,000 of his books have been sold. Manfred Mohr was married to the late author Bärbel Mohr who died in 2010 and lives near Munich together with their twins. He passes on her spiritual legacy.



WORLD RIGHTS AVAILABLE

196 pages, 4-color, paperback

ART OF LIVING

New Releases 2018

Bernd Martinschitz

The vital energy of the mountains

How humans and nature grow together

The magical world of the mountains has been described a thousand times. But now we are going to enter unknown territory and get to know this world in a different way.

Bernd Martinschitz lets us participate in the vital energy of the majestic mountains, in their wounds and fears or their stored memories. For the first time, he presents the mountains as living creatures with their own history and the entire landscape as a vital field that incorporates us humans from time immemorial and whose energies we can use to our own benefit.

A unique travel guide to the vital energy of nature and to ourselves.



BERND MARTINSCHITZ

Bernd Martinschitz followed trainings in many fields of massage and body work and completed a three-year training as a Shiatsu practitioner as well as a two-year training as a geomantic consultant. For many years, he has been working in an independent practice in the fields of Shiatsu, geomancy, yoga and meditation and runs a bookshop in Arnoldstein, Carinthia. His main focus is on the vital essences of earth, nature and the old healing knowledge of our cultures which he strives to draw from the shadow of esoterism to make it explainable and understandable in our modern times.



WORLD RIGHTS AVAILABLE

168 pages, 4-color, bound,
cover with mirror foil

ART OF LIVING

New Releases 2018

Renate Kast

Runes as a mirror of our inner self

Signs on our path to self-awareness

Renate Kast invites you to get closer to yourself by using runes. You will learn how to deal with the runes, what they mean, how to place them and how to create runes yourself.

These simple signs are perfect if you want to get in touch with your own spiritual dimension. They are tools to perceive your intuition and interpret it properly. Thanks to the author's many years of experience, this book is a good guide to personality analysis.

A book that fascinates every reader!



RENATE KAST

Renate Kast, born in Überlingen on Lake Constance in 1950, was a teacher of German and arts for 40 years. She expresses her love of nature in watercolours and photography. Her main topic is our path to self-knowledge, a prerequisite for self-realization, by way of communicating with the spiritual plane, the part of us called 'higher self'. Runes can be of great help in order to achieve this.



WORLD RIGHTS AVAILABLE

176 pages, paperback

HEALTH AND HEALING

New Releases 2018

Stefan & Werner Hartung **Problem children – what's normal anyway?**

Alternatives from a holistic perspective

Today's potential lies in our children, but we suppress them with dubious diagnoses like AD(H)D, drugs and, in many cases, a helpless upbringing.

Based on many years' experience in supporting children and parents, Stefan and Werner Hartung show that our children aren't problematic but rather their immediate surroundings with questionable norms and excessive demands.

Discover how holistic alternatives can contribute to opening up paths for children and teenagers back to themselves and increase awareness in accompanying adults.



STEFAN HARTUNG

Stefan Hartung studied education and several semesters of psychology. Since 2010 he has been working as an independent energetic-mediumistic healer specializing in shamanic healing, natural spells, working with children family counselling with pedagogical and spiritual methods..



WERNER HARTUNG

Dr. phil. Werner Hartung is a healer, Reiki master and co-founder of the Geomancy Group. With mediumistic and energetic work, he helps heal humans and animals and offers training in spiritual healing and geomancy.

HEALTH AND HEALING



WORLD RIGHTS AVAILABLE

192 pages, colored throughout,
paperback

Birgit Rusche-Hecker & Sonja Macke

Cynophobia – fear of dogs

Overcoming your fear, living at ease

From the perspective of a therapist and a client with completely different dog experiences, this book sheds a light on cynophobia, which is why the double amount of information for people with a fear of dogs creates much more understanding and clarity. With the help of this book, affected persons will learn how to better understand their fear – and how to overcome it.

The book offers readers helpful advice on what they can do and what kinds of help are available, so they can enjoy life freely without the fear of dogs.



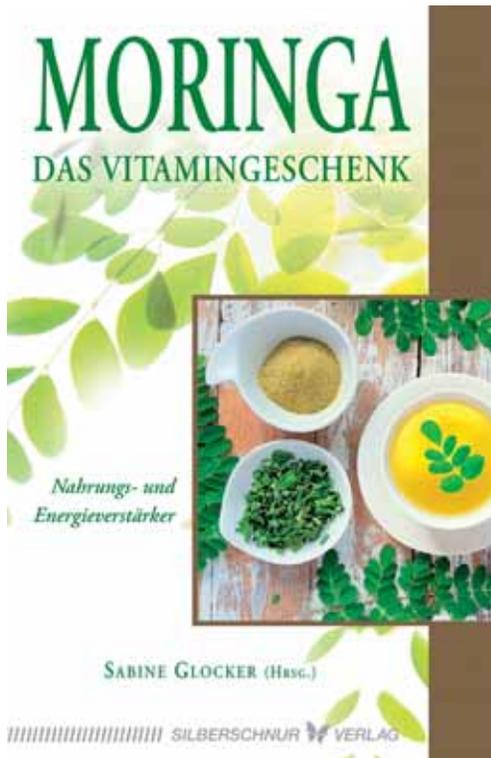
BIRGIT RUSCHE-HECKER

Birgit Panjari Rusche-Hecker (born in 1967), is an alternative practitioner of psychotherapy and a systemic family therapist. The main focus of her work is the relationship between humans and animals. She passes on her knowledge in seminars and advanced trainings.



SONJA MACKE

Sonja Macke (born in 1974) works as an independent scientific editor in the environmental field. Her decision to start a therapy against her fear of dogs was the first moment in her life when she realized, 'I need help! I can't do it alone.'



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HEALTH AND HEALING / SMALL SERIES

Sabine Glocker (Hrsg.)
Moringa – a vitamin blessing
Food and energy enhancer

Is there a medicinal plant against nearly all physical ailments? Yes, there is! It is called Moringa.

Whether used as a stress reducer or muscle builder, a highly efficient anti-aging remedy, a superfood, or a natural high-dosage source of vitamins and minerals – it is nearly impossible to enumerate all the benefits of Moringa. For thousands of years, Moringa has been appreciated in the Asian region for its health-promoting effects.

The Moringa miracle tree performs true miracles and offers the extra bit of energy, nutrients and health you have always been looking for!



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SMALL SERIES

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Sören Tempel
**Your soulful being
quietly speaks to you**

A short guide to living a better life

When you feel your soulful being, your life is full of love, joy and thankfulness. You are happy.

Having said this, this shy creature is quite hard to find amidst the loud hustle and bustle within ourselves.

Sören Tempel is an experienced coach and therapist and explains in a plausible, impressive and humorous way how to calm down your inner dragon – and create space to hear and feel this quiet soulful being. A space for your happiness.

An authentic, indispensable handbook to live a happy life full of depth and connectedness.



SÖREN TEMPEL

Sören Tempel, born in 1968, lives in Berlin. Since 2006 he has been working as a coach and spiritual teacher in an independent practice and has accompanied more than 1,000 people. The curriculum of his yearly training course 'Being your own master' includes the contents of this book. In 2016, together with Nizar Rokbani, he founded the comprehensive school Freudberg-Gemeinschaftsschule for humanistic education. www.soerentempel.de

SPIRITUALITY & ESOTERICISM



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Elisabeth Kübler-Ross

Living in love

... when the soul leaves the body

Living support for mourners

Living in love is the essence of the experiences and findings of the renowned practitioner and death researcher Elisabeth Kübler-Ross. In supporting many dying persons, she was able to help millions of people overcome their fear of death and to provide an understanding of life on earth.

An enlightening, lovingly illustrated booklet that offers hope and solace. 'I think it is time for people to know that death doesn't exist, at least not the way we imagine it.' Elisabeth Kübler-Ross



ELISABETH KÜBLER-ROSS

Elisabeth Kübler-Ross was born in Switzerland in 1926. After emigrating to the United States, she initially worked in several psychiatric clinics in New York, Denver and Chicago. Temporarily she also taught at several universities. During the last years of her life, she dedicated most of her work and commitment to dying children and Aids sufferers. With her research, Elisabeth Kübler-Ross, who died in August 2004, gave hope that – contrary to 'scientific' consensus – death opens up a new, brighter life we all can look forward to. Her books, printed by the millions, are known nearly all over the world.



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SPIRITUALITY & ESOTERICISM

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Otmar Heftrich

Hold my hand when I have to leave

Accompanying book for the last journey in life

This book offers guidance, solace and inspiration for thought to those of us confronted with the imminent end of a beloved person's life. It invites us to consciously look into the subject of death. It explains to family members what kind of challenges they will face. It sheds light on the needs of the dying and encourages us to support them with patience and understanding. Finally, it shows surviving relatives ways how to deal with their grief and reconcile with death and life.



OTMAR HEFTRICH

Otmar Heftrich, father of two, was born in Hadamar in 1955, studied architecture and completed training as a psychological counsel (IAPP) and a hospice assistant. During his time working as a voluntary hospice assistant he discovered his passion for writing. In his book 'Hold my hand when I have to leave' he wants to encourage people to be empathetic in dealing with a dying relative and take away their fear of being overwhelmed.

www.otmarheftrich.de



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Trutz Hardo

A chance for every relationship

Regression as a new form of couples therapy

Why is it that certain relationships just don't work? The underlying reasons are largely rooted in a previous life. Trutz Hardo shows how to change these problems.

He explains how regression therapy can help you find out why disharmony develops in the relationship and where the reasons for a difficult relationship are rooted in previous lives. He then points out ways to bring dysfunctional relationships back on a harmonious track. His method provokes healing so that trust and deep love can grow again out of an unloving relationship.



TRUTZ HARDO

Trutz Hardo is one of Germany's best-known spiritual authors. In his books and seminars, he helps people on their path to expand their consciousness. He also is a sought-after speaker and interview partner about esotericism and self-help.

For videos and more information about his publications, please visit:

www.trutzhardo.de



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Trutz Hardo

The comprehensive karma handbook

Reincarnation and healing

The law of karma is a divine principle we are all incorporated in as humans. It is especially apparent in our diseases and relationship problems. Trutz Hardo proves that most diseases have their root cause in previous lives and manifest as symptoms in subsequent lives. By dissolving the root causes in those previous lives, we can usually achieve immediate or partial healing.

The results speak for themselves – and for the law of karma.



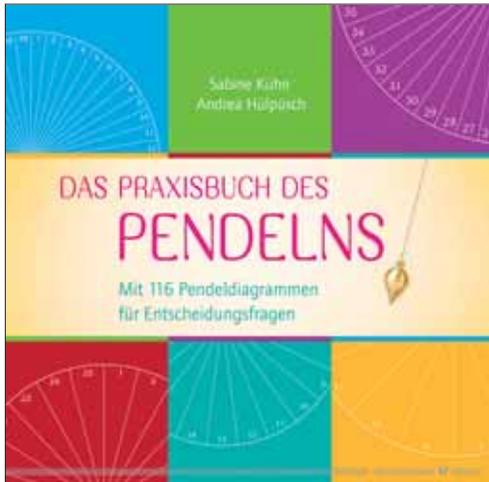
TRUTZ HARDO

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For videos and more information about his publications, please visit:

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SPIRITUALITY & ESOTERICISM



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Sabine Kühn & Andrea Hülpüsch **Manual of consulting the pendulum** With 116 pendulum diagrams for decisive questions

The 'Manual of consulting the pendulum' offers to find a solution to nearly every problem concerning health, family, relationship or work. The authors explain how to properly work with the pendulum, what kind of questions should be asked and how to ask them correctly. Whether you wish to know how to control allergies, how to harmonize your home or what kind of barriers there are on your path - this book enables you to immediately find the solution that will help you on in your everyday life ...



SABINE KÜHN

Sabine Kühn works as an author, Reiki teacher and aura photographer, teaches pendulum divination as well as a geomancer with focus of harmonisation of living places and interfering field search. The autor lives in Frankfurt.



ANDREA HÜLPÜSCH

Andrea Hülpüsch has been working as an alternative practitioner, book author and lecturer for spiritual healing techniques in her own practice in Wiesbaden for twenty years. She also is a recognized healer of the umbrella organization Dachverband für Geistiges Heilen (DGH).

SPIRITUALITY & ESOTERICISM



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Miriam Oberstaller & Helene Sarah Gruber

A godsend for you and me

Essential questions to life

Every day, the fast pace of our times and new tasks confront many of us with new challenges and recurring questions.

For this book, numerous people collected the most pressing questions to life, and the spiritual world lovingly answered each and every one of them ...

In an empathetic, touching and very humorous way, the spiritual world guides us through this book and offers strength and blessings in its answers. This book wants to guide the reader back to simplicity, self-empowerment and self-love.



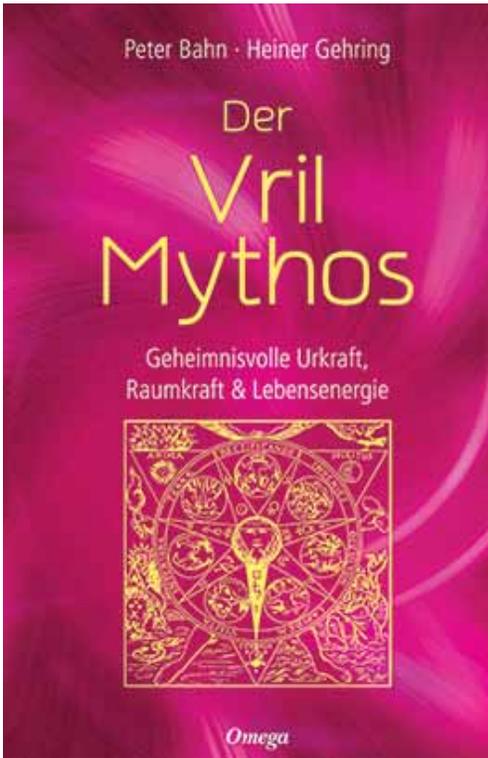
MIRIAM OBERSTALLER

Miriam lives near Brixen in South Tyrol together with her husband and their four children. An eating disorder led her to the spiritual world. For many years, Miriam has intensely concentrated on accessing and connecting with the spiritual world. She transmits messages and offers channellings.



HELENE SARAH GRUBER

Together with her daughter, Helene awakens an old mountain farm to a meeting place in the unspoiled natural landscape. Helene is an alternative practitioner and massage therapist. Her education and training in extensive natural healing methods led her to the world of spirituality and healing.



SPIRITUALITY & ESOTERICISM

Peter Bahn & Heiner Gehring

The Vril myth

**Mysterious primal force,
spatial force & life energy**

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320 pages, flexocover

‘Vril’ is the mysterious primal force, spatial force and life energy. But what is the ‘Vril myth’ really all about? By way of thorough source research, the authors of this book look for answers to this question. Time and again, congregations, orders and secret societies emerge when searching for the hidden truth in the Vril myth living on in contemporary research and inventions pertaining to free energy. The authors point out striking parallels between the Vril concept and Wilhelm Reich’s orgonomy as well as other therapeutic and energetic applications.



PETER BAHN

Dr. phil. Peter Bahn, M.A., was born in Koblenz in 1953. He studied in Mainz. These were followed by teaching and research in adult education, in municipal cultural activities and in the museum field. At home and abroad he published numerous books and magazine articles.



HEINER GEHRING

Heiner Gehring, born in 1963, was a certified psychologist and research assistant at the university of Osnabrück. He studied psychology with additional forensic and anthropological subjects. Heiner Gehring died at the age of only 41 on July 25, 2004.



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PERSONAL DEVELOPMENT

New Releases 2018

Kurt Tepperwein

Unfolding your power in everyday life

How to activate your own sources of energy

Kurt Tepperwein addresses the energies that we are and that are around us. He offers applications we can use to transform interference fields and gain new strength. As the applications are based on energy transformation and synergy, he refers to them as ETS impulses.

Applying the techniques presented in this book is the first step. This will trigger a domino effect, ensuring that harmonization will simply become self-perpetuating.

The aim is to face problems in a strengthened, relaxed and serene way to be more at ease and laidback in everyday life.



KURT TEPPERWEIN

Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress. He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.



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176 pages, paperback with rounded corners

PERSONAL DEVELOPMENT

New Releases 2018

Silke Mayer
The art of staying cool
Living at ease

In our hectic world, worries and annoyance are part of our everyday life. This book proves that there is a different way. Ancient Stoic wisdom makes the reader aware of negative reactions to stressful situations and offers a relativizing – stoic – perspective that keeps worries and annoyance at bay or prevents them from arising in the first place.

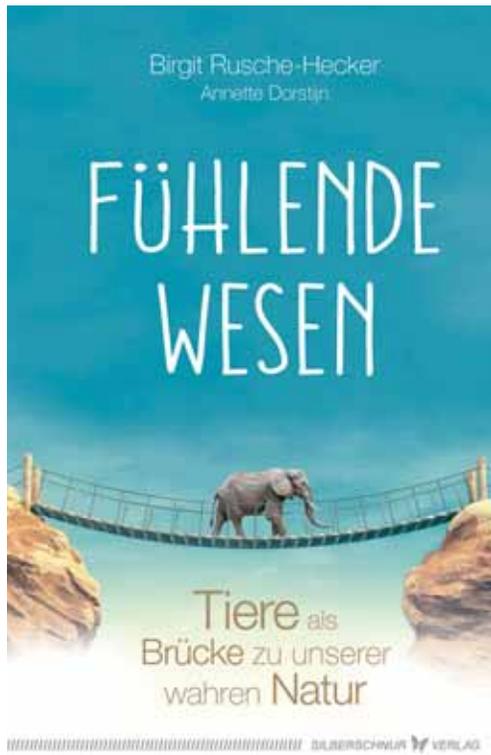
The author presents a wide range of annoying or worrying situations and typical ways of thinking readers can identify with.



SILKE MAYER

Following her degree in political sciences and her completion of several psychological trainings, Silke Mayer, born in 1967, worked as a communications trainer, consultant and project manager for corporations, medium-sized companies and educational institutions. In 2008, partly encouraged by Stoic philosophy, she decided to opt out of stressful business life. Today she works part-time in a non-profit organization and as an independent author.

PERSONAL DEVELOPMENT



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232 pages, paperback

Birgit Rusche-Hecker & Annette Dorstijn

Sentient beings

Animals connect us with our true nature

Birgit Rusche-Hecker invites us on a journey to become aware of ourselves and of the world around us. We learn how to restore our connectedness with ourselves and other sentient beings and to feel how helpful our fellow creatures, the animals, can be as our companions on this path.

The book offers inspiration for all those who want to rediscover the core of their being and contribute to their personal and the animals' well-being.

Includes a free MP3 download



BIRGIT RUSCHE-HECKER

Birgit Panjari Rusche-Hecker (born in 1967), is an alternative practitioner of psychotherapy and a systemic family therapist. The main focus of her work is the relationship between humans and animals. She passes on her knowledge in seminars and advanced trainings.



ANNETTE DORSTIJN

Annette Dorstijn (born in 1961) works as an alternative practitioner (psychotherapy), system coach, mindfulness trainer (Buddhistic psychology) and teacher of Tibetan healing yoga (Kum Nye). She accompanies individuals and groups in developing their personality.



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128 pages, 2-color, Flexocover

ART OF LIVING

New Releases 2018

Jessica Lütge

Everything you have to know about yourself

222 questions to fill in and marvel at

We all have answered countless unimportant questions in our lives. But what about the really important questions? The ones that go deeper and show us what makes us so special and who we really are? Drawing on her psychological practice, Jessica Lütge phrased 222 questions the answers to which offer amazing pieces of self-knowledge. With this method, will learn completely new things about ourselves.

Discover your new life and get curious about what will happen in the near future.



JESSICA LÜTGE

Dr. Jessica Lütge is a pedagogue, primary school teacher and a counsellor. In her work, she focuses on providing a secure space where children and parents experience appreciation, loving security and joy.



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PERSONAL DEVELOPMENT

New Releases 2018

Kurt Tepperwein
Living your self
The art of self-realization

Kurt Tepperwein explores why successful people frequently fail to organize their life, why marriages fail, why health doesn't keep pace and why discontent can take hold. He shows you how to wisely use your mind as a mental force. With methods suitable for everyday use and examples, he draws up possibilities to lead a harmonious life. You can make the decisions you really want to make. You will get to know yourself in a new way.



KURT TEPPERWEIN

Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress.

He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.



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PERSONAL DEVELOPMENT

New Releases 2018

Werner Ablass

Nothing is as it seems

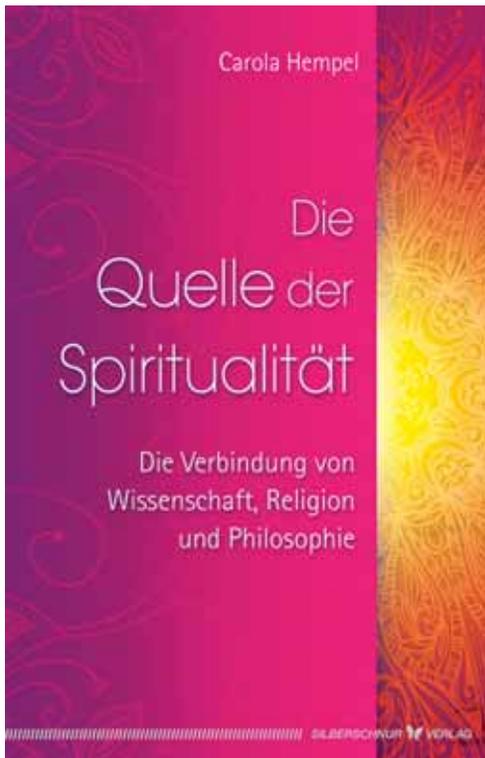
Once disenchanted, the only thing
you see is (self-) love

Love is the strongest force in the universe. It resides in everything that exists. Love enchants even itself in order to experience and meet itself in it. Accordingly, everything we perceive is only an enchantment rather than reality. By seeing through this enchantment and getting 'disenchanted', you will realize that everything that happens happens out of love, even if it seems to be the opposite. This opens up a completely new perspective that puts an end to our struggles with ourselves and the world and replaces them with the certainty that we have finally 'arrived'.



WERNER ABLASS

Werner Ablass worked as a manager for 7 years before he successfully set up his own business as a management trainer and NLP master in 1994. Today he mainly works as an author and coach, coaching private individuals and organizing 'mind crash seminars'



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ART OF LIVING

New Releases 2017

Carola Hempel

The source of spirituality

The combination of science,
religion and philosophy

Are the major religions so different from each other as we believe? Don't all religions have a core, don't they all draw from the same source? This book uncovers the secret knowledge, the true contents of the secret teachings of religion, esotericism and natural science. Carola Hempel explains the different paths to the source of spirituality in the major primary religions and points out the golden thread connecting all the major teachings, philosophies, religions and the whole spectrum of spirituality with its many facets.



CAROLA HEMPEL

After completing her studies of social pedagogy, Carola Hempel, born in 1965, took on leading roles in staff management, human resources management and marketing.

Based on years of experience in leading positions, including full profit centre responsibility with up to seven-digit turnovers, she developed her own professional personnel selection procedure with success rates that continue to have an outstanding position in the market place.



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ART OF LIVING

New Releases 2017

Sabine Kühn & Ulla Knoll
Pitfalls on the spiritual path
Find your balance

Spirituality is a precious guide through life, but many people become entangled in their search of enlightenment in the jungle of seminars and other offerings.

The experienced authors show us the different facets of spiritual offerings and analyse '25 pitfalls' the spiritual seeker may encounter. In an emphatic and sometimes even humorous manner, they enable the readers to verify what they already learned in terms of further potential for growth.



SABINE KÜHN

Sabine Kühn works as an author, Reiki teacher and aura photographer, teaches pendulum divination as well as a geomancer with focus of harmonisation of living places and interfering field search. The author lives in Frankfurt.



ULLA KNOLL

Ulla Knoll conducts seminars and workshops to topics like quantum thinking and emotional intelligence, in which she implicates abilities like visualisation, intuition, holistic thinking and dream working to her work.



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ART OF LIVING

New Releases 2017

Bärbel Mohr
The skeptic and the guru
On the way to one's own truth

Bärbel Mohr takes us on a journey to an Ashram in India. We will meet a couple that could hardly be more different. Him: a skeptic who already prejudged the guru and wants to expose him as debaucher of souls. Her: an esoteric who idolizes the guru and believes she is close to spiritual redemption. In their diaries, they both write about life in the Ashram and their encounters with the guru - but then everything turns out differently than expected ...



BÄRBEL MOHR

Prior to starting her career as an author, Bärbel Mohr (1964 - 2010) worked as a freelance photographer, editor and graphic designer. Her books were translated into 20 languages and have sold about 2 million copies worldwide.



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ART OF LIVING

New Releases 2017

Camilla Tersmeden
Living a more colourful life
Be merry, easy and wonderful

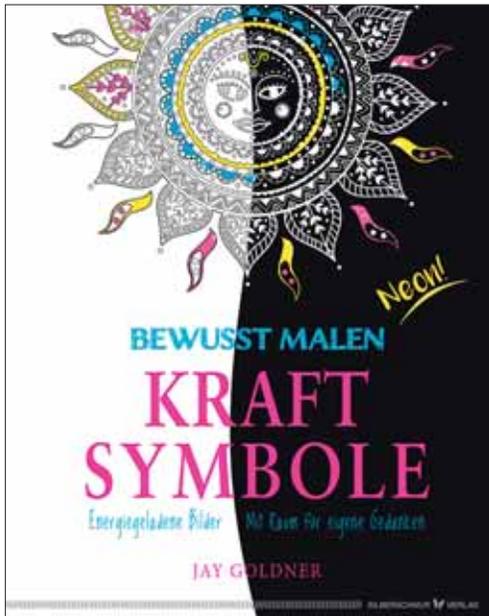
Each line in this book inspires you to lead a more joyful life. Camilla Tersmeden lets us delve into the magic and very colourful realm of fairies, angels and Elohim. These wonderful helpers show us that life is a playground and that it is up to us to pick out the best. That we have the right to live our dreams, transcend boundaries and live heaven on earth. Discover how to live a more and more joyful, easy and colourful life every day!



CAMILLA TERSMEDEN

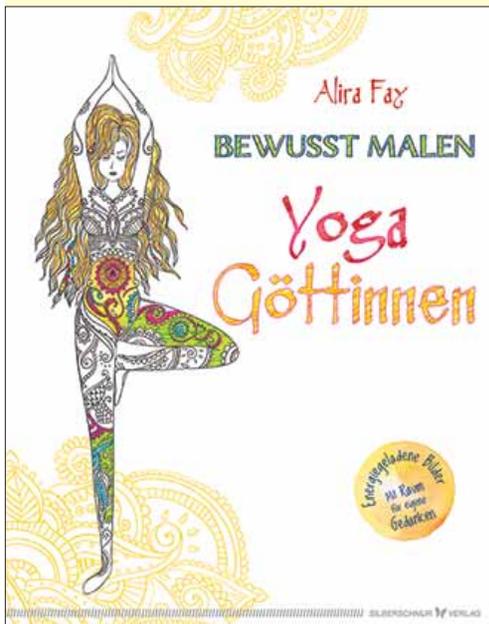
Camilla Tersmeden is Swedish, grew up in Zurich and has worked as a metamorphosis therapist, medium and angel consultant since 2006. After studying international relations in Geneva, she completed several trainings and courses in the areas of energy work, mediumship, sensitivity and angel consultancy. In consultations and courses, she works as a sensitive medium (clairaudience, clairvoyance, clairsentience and clear cognition) together with, among others, her team of angels, Elohim and fairies. Camilla Tersmeden is a passionate dancer and loves spending time in nature and with close friends.

ART OF LIVING



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Jay Goldner

Conscious colouring – Power symbols

Power symbols are powerful tools that can have a positive impact on us. They can free us from negative energy, dissolve blockades and strengthen us in our day to day life. Colouring these symbols will give you strength and help you find inner peace and positive energy. What is so special about this book? The power symbols are printed on a black as well as on a white background. This allows you to colour the pictures very differently and individually with neon pens or with normal colours.

Just grab your pens and bring the power symbols to life.

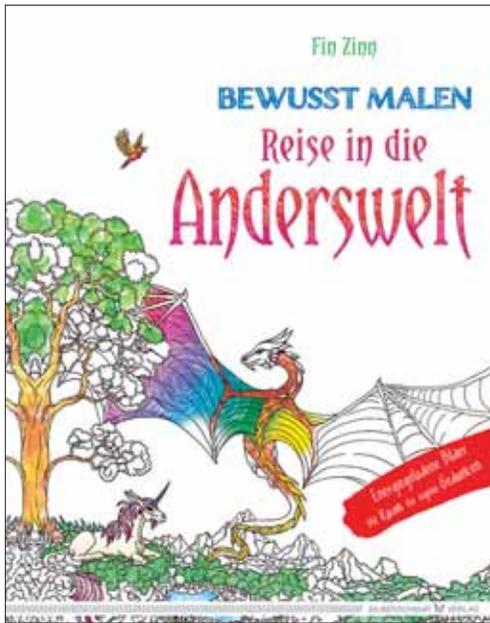
Alira Fay

Conscious colouring – Yoga goddesses

The 36 beautiful yoga goddesses in this enchanting colouring book, each one accompanied by a little inspirational saying, invite you to colour them and become creative. An homage to femininity – because every woman has a goddess within herself!

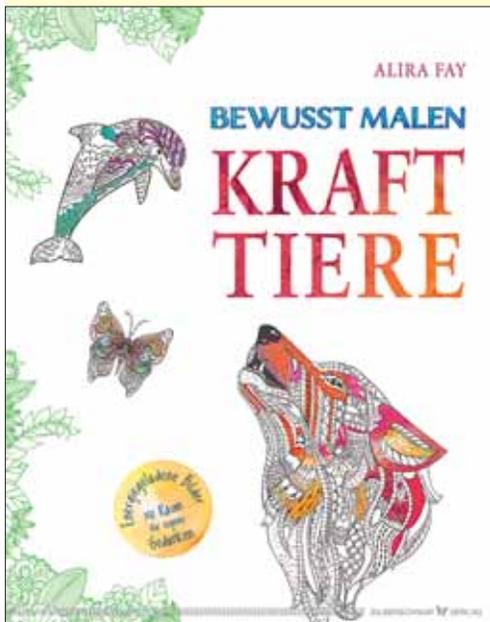
Embark on a journey to your own femininity, leading you to new inner spaces and connecting you with the endless wisdom and strength of the feminine heart.

Thanks to the soothing magic of colouring, you will discover your goddess within. Let your heart communicate and your colours flourish. You will be surprised how this can initiate many things ...



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ART OF LIVING

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Fin Zinn

Conscious colouring – A journey to the Other World

Enchanting motifs of a mystical world invite you to colour them and become creative. With conscious colouring, you will rapidly and easily find inner peace, serenity and new inspiration.

In this book you will meet enchanting, mysterious beings such as dragons, unicorns, elves and other mystical creatures and find beautiful poetic texts.

Step into this fantastic world and treat yourself with a creative break from everyday life. You will see that this is not only fun, but it also chases negative feelings and stress away and gives you positive energy.

Alira Fay

Conscious colouring – Power animals

Whenever you are in need of a little peace and strength, simply pick up this wonderful anti-stress guide.

In it you will find 36 beautiful, exquisite power animals wanting to be brought to life. Each picture is accompanied by an affirmation about its power animal. By way of the pictures and texts, let yourself be captivated by your power animal and establish a very special connection to the animal's spirit: it helps you connect with your own spirit and inner world and gives you peace and strength.



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88 Seiten, hardcover

**SPIRITUALITY &
ESOTERICISM:
ANGELS**

Jennidee Mills
Conscious Colouring
Angels, Elves & Mystical Creatures

Step into the magical realm of the angels & elves, mystical creatures full of imagination and poetry!

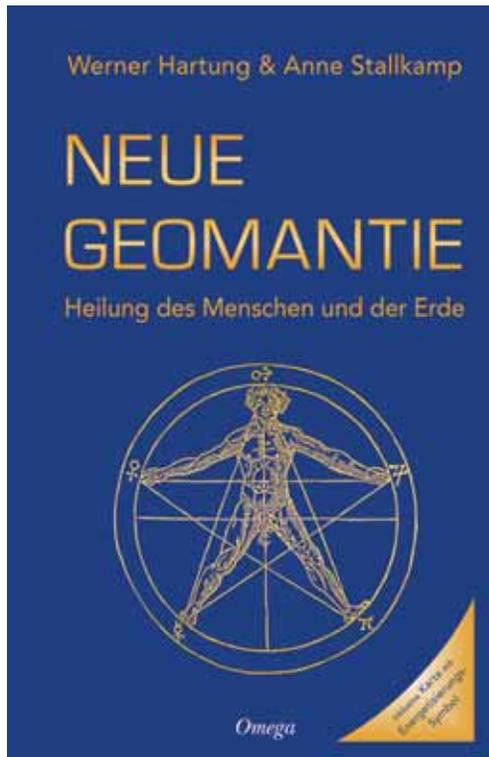
If you are into colouring as a hobby and if you love angels and elves, you will love this book!

More than 30 beautiful, merry and dreamy templates of magical female creatures invite you to colour them. Each picture comes with a poetic text and there also is a lot of space for your own thoughts and ideas. Treat yourself to a creative break from everyday life and set your creativity free. You will not only have lots of fun doing it, but negative emotions and stress will simply disappear, leaving you with a feeling of wellbeing and inner peace.



JENNIDEE MILLS

Australian artist Jennidee Mills has enjoyed colouring and drawing since childhood. She works with several drawing techniques and also offers applique and quilting. In her home country, she has also published the colouring book 'Colour Your Life' and several articles about creative work.



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Card with energizing symbol, Flexocover

HEALTH & HEALING

New Releases 2017

Werner Hartung & Anne Stallkamp

New geomancy

Healing of man and the earth

Healing humanity and earth with geomantic knowledge: the authors show us what geomancy is all about and how to employ it, offering a completely new approach: 'new geomancy', a method to heal the earth in harmony with creation. If we leverage our strength and knowledge about the use of ethereal key energies, we are able to clear, energize and design living environments. In order to achieve this, the authors use medial instructions from the spiritual world and the realm of nature as well as energetic means to mentally influence the ethereal levels of the earth.



WERNER HARTUNG

Dr. phil. Werner Hartung is a healer, Reiki master and co-founder of the Geomancy Group. With mediumistic and energetic work, he helps heal humans and animals and offers training in spiritual healing and geomancy.



ANNE STALLKAMP

Anne Stallkamp is a carpenter and interior designer. She always combines her creative work with geomantic approaches in the areas of clearing and energizing, holistic room planning and design as well as spiritual guidance and energetic healing of humans



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128 pages, with illustrations, brochure
with rounded corners

HEALTH & HEALING

New Releases 2017

Ramona B. Wagner **EFT – Tapping technique for health and wellness**

Ramona B. Wagner explains how to learn the self-healing technique EFT and use it to free yourself from emotional and physical problems.

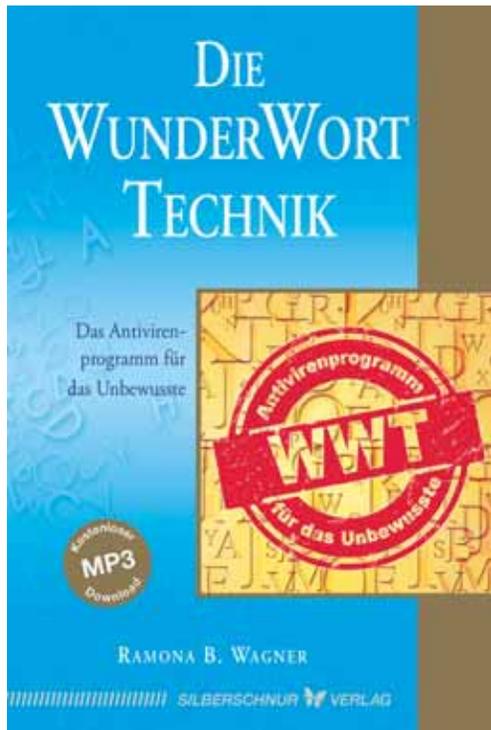
EFT offers possibilities to solve conflicts and crises as tapping on certain acupuncture points can neutralize straining emotions and change limiting beliefs. This will solve acute symptoms as well as long-term problems.

Thanks to clear illustrations, the reader can start practicing EFT immediately even without previous knowledge.



RAMONA B. WAGNER

Ramona B. Wagner graduated as a specialist therapist for psychotherapy HP, hypnotherapist, NLP-trainer and Reiki master. Since 1999, she has been working in her own coaching practice and works with Bach Flower, Psycho-Kinesiology, Be Set Free Fast (BSFF) and EFT.



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160 pages, paperbound

HEALTH & HEALING / SMALL SERIES

New Releases 2017

Ramona B. Wagner

The wonder word technique

The anti-virus program for the unconscious

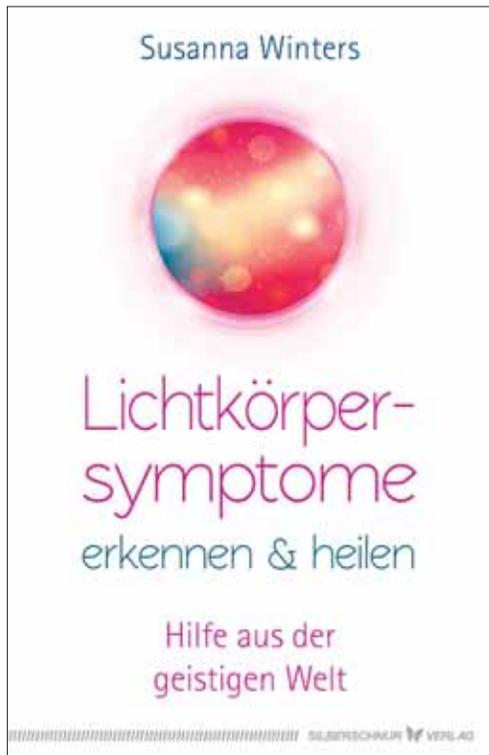
We are pre-programmed in our behaviour, thinking and feeling as our unconscious mind stores everything we ever experienced, felt and thought. This is why our unconscious mind is the centre of our physical and emotional wellbeing.

The wonder word technique is a self-help approach which – like an antivirus program – detects and eliminates programmings that prevent us from leading a healthy, fulfilled life. This allows us to dissolve fears or blocking thought patterns – easily, fast and permanently.



RAMONA B. WAGNER

Ramona B. Wagner graduated as a specialist therapist for psychotherapy HP, hypnotherapist, NLP-trainer and Reiki master. Since 1999, she has been working in her own coaching practice and works with Bach Flower, Psycho-Kinesiology, Be Set Free Fast (BSFF) and EFT.



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272 pages, paperbound

HEALTH & HEALING

New Releases 2017

Susanna Winters
**Recognizing and healing
light body symptoms**

Help from the spiritual world

Are you suffering from inexplicable pain or are you mentally stressed without being able to see the cause? This may be linked to the ascension energies of the earth.

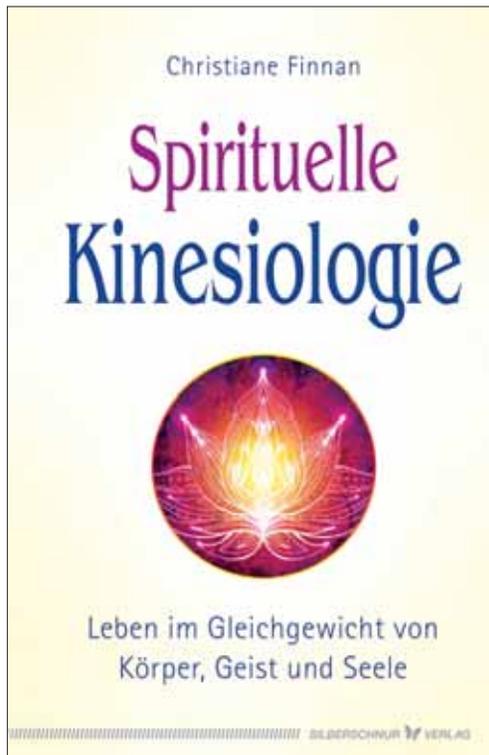
This easily understandable guide helps you better understand correlations with the light body process. With spiritual help like aura cleaning, meditation and colour healing as well as alternative healing methods such as homeopathy, Bach flowers and Schuessler salts, it offers practical help against all those strange symptoms and emotional rollercoasters in this day and age.



SUSANNA WINTERS

Susanna Winters has been dealing with spiritual themes for 30 years. She works as an ergotherapist for mentally ill girls and offers astrological consultations. Susanna Winters is in constant contact with her Higher Self and her Protective Gel and communicates the messages of the spiritual world in her books.

The author lives in the Rhineland.



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400 pages, with illustrations, flexcover

HEALTH & HEALING

New Releases 2017

Christiane Finnan

Spiritual kinesiology

Life in balance of body, mind and soul

This exceptional book invites you to consciously take your life into your own hands. Are you interested in living a conscious life and using your true strength for your own benefit as well as for the greater good?

To achieve this, this book offers a completely new approach: a combination of kinesiologic systems with spiritual activations creating a harmonious balance of your body, spirit, and soul. Sensitive channelings of the Archangel Ariel will help you heal unresolved themes and find inner peace.



CHRISTIANE FINNAN

Christiane Finnan is certified accompanying kinesiologist DGAK. She is very spiritual and clairvoyant, and it is easy for her to communicate with the spiritual world. It is a matter of bringing “heaven and earth” closer together. For this purpose, she uses high intellectual knowledge and connects it with kinesiologic systems. The author lives in northern North-Rhine Westphalia.



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HEALTH & HEALING

New Releases 2017

Gabriele Friemelt **An RIOK journey into organs and body regions**

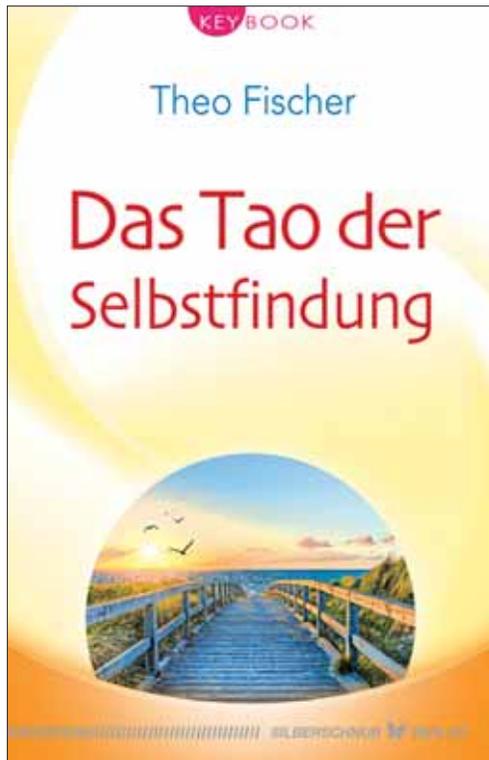
The healing power of numbers and colors

Many people have forgotten how to love their body and be aware of it. With many exercises and tips, this book helps you establish intensive contact with your body and get to know yourself better. Gabriele Friemelt offers you the possibility and all the tools to help yourself and your organs heal. Offer yourself the love, time and attention you and your body need and become one with your body and yourself.



GABRIELE FRIEMELT

Ever since she was a child, Gabriele Friemelt has been in contact with nature and spoken with plants. She is a trained Feng Shui consultant and completed a Tao and geomancy training with Prof. Dr. Jes Lim. She works as an independent Feng Shui consultant, awareness guide and meditation guide, offers property and room healings, leads meditation groups and trains others to become energy converters. The author lives in Bavaria.



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HEALTH & HEALING

New Releases 2017

Theo Fischer **The Tao of self-discovery**

Modern society puts high demands on us: pressure to perform, influence through media, excessive technology taking the upper hand ... We are more and more growing away from our own selves, from our core being.

Theo Fischer shows us how to get off the rushing train of our lives and go along with the flow of the Tao. We learn how to deal with life's challenges more easily, follow our intuition, remain calm and give room to our inner strengths.



THEO FISCHER

Theo Fischer, born in Karlsruhe in 1931, has worked as a freelance management consultant for twenty-five years. In 1985, he gave up his profession, moved to France, and began to write books on Asian philosophy and about life. In the publishing house "Die Silberschnur" appeared 1989 his first title "Wu wei, the Lebenskunst of the Tao". It has been sold over a hundred thousand times and has now also appeared in Italy. Other successful books followed. The author has lived in Piedmont, Northern Italy since 1997, where he died in December 2013.



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176 pages, with illustrations, bound

HEALTH & HEALING

New Releases 2017

Otto Höpfner

Ethereal radiation energy

Application possibilities for everyday life

Otto Höpfner shows us how to use ethereal radiation energy for ourselves. He demonstrates how radiation energy influences humans and what the resources and effective tools are that we all can use to achieve a positive impact – because an effective, targeted use can detect and clear disturbance zones, eliminate harmful earth rays, decontaminate water and food and improve allergies. Höpfner's practical instructions help health-conscious readers significantly improve their lives.



OTTO HÖPFNER

Dipl.-Ing. Otto Höpfner (1915-2008), was very sensitive with regard to radiation and was concerned with the practical application of radi-aesthetic knowledge to the blessing of humanity. He developed and constructed the highly sensitive one-hand rod, as Höpfner radiometer is now widely used, the legendary Orgon pyramid and an energy amplifier, the so-called beam converter.



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192 pages, flexocover

PERSONAL DEVELOPMENT

New Releases 2017

Werner Ablass

Love is the solution

Rules of the cosmic vibration

If you want to get rid of problematic situations or disagreeable emotions, this is your solution: Agape, love without an object. Inner and outer barriers that restrict us or make us dependent will dissipate almost by themselves. The more we practice it, the more the act of remembering becomes an unconscious reflex enabling us to permanently rest in our essential core.

With numerous practical examples, Werner Ablass shows us a way to deal with everyday and exceptional obstacles, leading us to an unprecedented dimension of inner peace.



WERNER ABLASS

Werner Ablass worked as a manager for 7 years before he successfully set up his own business as a management trainer and NLP master in 1994. Today he mainly works as an author and coach, coaching private individuals and organizing 'mind crash seminars'.



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ART OF LIVING

New Releases 2017

Kurt Tepperwein
**The art of understanding
yourself and others**

With face-reading to more human knowledge

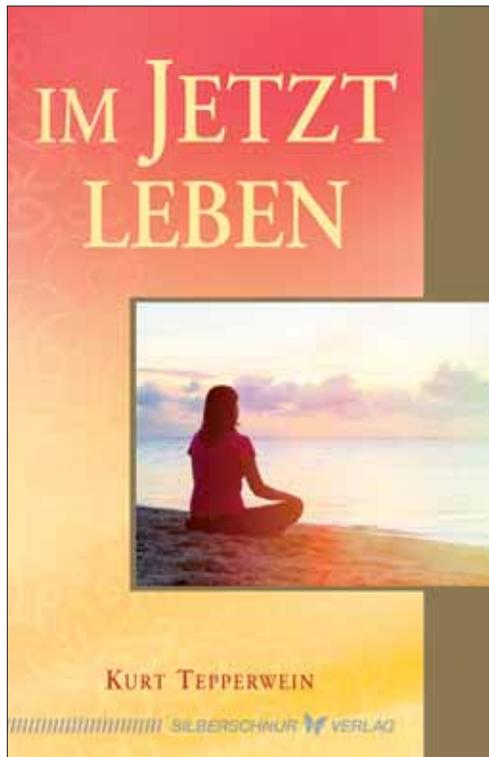
Every human being is unique, and taking a closer look, we can see who this person really is. This book helps us train our perception and teaches us how to recognize and understand other people based on what they look like and how they behave. Kurt Tepperwein also lets us analyse why we noticed a particular thing about this person or what their behaviour tells us and invites us to discover and become aware of ourselves and fully understand our true self.



KURT TEPPERWEIN

Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress.

He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.



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120 pages, paperbound

PERSONAL DEVELOPMENT / SMALL SERIES

New Releases 2017

Kurt Tepperwein **Living in the now**

Now is the most important moment. Because only if you live in the now, you can change your life.

Kurt Tepperwein demonstrates that life happens only today, only now. Let's no longer worry about the future and grieve about the past. The only thing that matters is what is presenting itself to us right now, in this very moment.

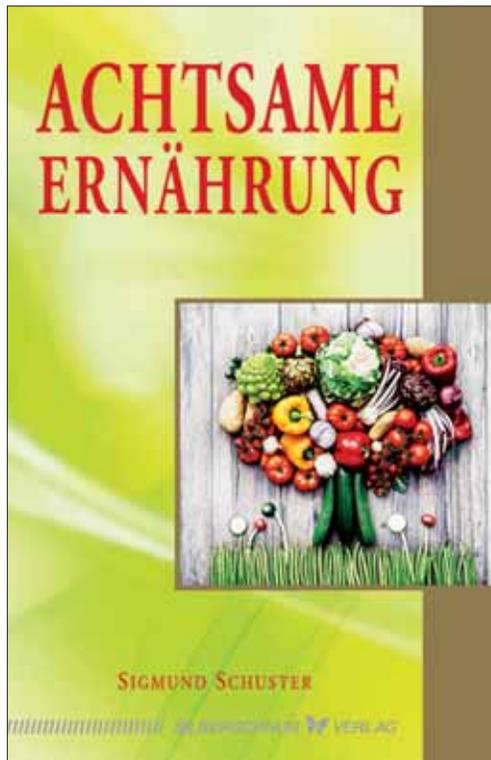
This allows us to step out of our circular thinking and simply discard old behaviour patterns. It allows us to cooperate with life, to let things happen with confidence. Which leads us one step further to living a fulfilled life.



KURT TEPPERWEIN

Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress.

He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.



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160 pages, paperbound

HEALTH & HEALING / SMALL SERIES

New Releases 2017

Sigmund Schuster **Mindful eating**

What is a healthy diet all about? Are we really aware where our food comes from, how it is produced and what we are eating in the first place?

In this book, Sigmund Schuster increases our awareness for a more mindful way of eating because food is more than a mere supply of energy for our bodies. It has an indirect impact on our soul, our mind and our way of thinking.

Food can heal us or make us ill – because we are what we eat.



SIGMUND SCHUSTER

Sigmund Schuster (*1954) studied timber engineering and is a construction biologist certified by the Institut für Baubiologie + Ökologie IBN. As an independent contractor in the field of wood, green buildings and construction biology, he has dealt with the subtle spiritual foundations of life and the way wood influences our health and well-being for many years.



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paperbound

SPIRITUALITY & ESOTERICISM: REINCARNATION

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Trutz Hardo

Experience the world beyond

Insight into past lives and other experiences

With his easy-to-learn method, well-known regression therapist Trutz Hardo not only offers you insights into your previous life going far beyond the limits of conventional reincarnation research, but also a journey to the world beyond. At his place, you will get to know your spiritual guide, meet your transcendent core group again and get insights into what is being planned there for your present life including appointments with all those whom you want to meet again in your present life.

Embark on the most adventurous journey you ever made and take a look behind the veil.



TRUTZ HARDO

Trutz Hardo is one of Germany's best-known spiritual authors. In his books and seminars, he helps people on their path to expand their consciousness. He also is a sought-after speaker and interview partner about esotericism and self-help.

For videos and more information about his publications, please visit:

www.trutzhardo.de



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SPIRITUALITY & ESOTERICISM: REINCARNATION

New Releases 2017

Trutz Hardo

»Big Handbook of Reincarnation«

Healing by regression

Each disease, each problem has a root cause often to be found in a previous life. Uncovering it often leads to healing. Regression therapy often heals where 'conventional' therapy fails – from relationship problems and physical illnesses and pain to psychosomatic diseases.

The topics include: What can regression therapy achieve? How is regression therapy carried out?

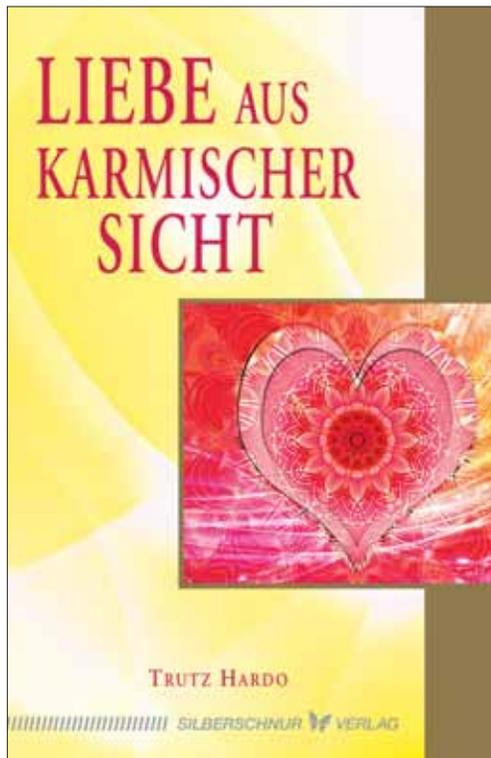
This guide is not only meant to be a workbook for physicians and therapists. It is also intended for all those having physical, psychological or relationship problems and striving for healing.



TRUTZ HARDO

Trutz Hardo is one of Germany's best-known spiritual authors. In his books and seminars, he helps people on their path to expand their consciousness. He also is a sought-after speaker and interview partner about esotericism and self-help.

For videos and more information about his publications, please visit:
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SPIRITUALITY & ESOTERICISM / SMALL SERIES

Trutz Hardo

Love from the karmic perspective

Trutz Hardo discusses questions like, Why does love even exist? What is its deeper meaning? Where did the game of love actually begin? And where shall it lead us? What has reincarnation to do with love?

The author shows us that love, too, is subject to the law of karma and that we all experience love in our different incarnations. He explains how to balance out the love karma in our life.

Be surprised!



TRUTZ HARDO

Trutz Hardo is one of Germany's best-known spiritual authors. In his books and seminars, he helps people on their path to expand their consciousness. He also is a sought-after speaker and interview partner about esotericism and self-help.

For videos and more information about his publications, please visit:

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ART OF LIVING

New Releases 2016

Maria G. Baier D´Orazio

About the Fun of Aging

Enjoy Life Fit and Free, Cheeky and Cheery

Living a passionate life

Fit and free, cheeky and cheery at all ages – that’s not a dream. Living a passionate, cheerful life even when you’re older is possible – and you can do it, too.

How? By approaching life in an open and curious way, getting inspired and being ready to accept new challenges. By passionately creating your own life instead of simply ‘enduring’ the process of getting older, you will go through all the ages much more easily. This book will help you remove obstructive thinking patterns and believe that you can get older in a completely different way. Get started and look forward to living an exciting, authentic life!



MARIA G. BAIER D´ORAZIO

For more than 20 years, Maria G. Baier-D´Orazio, born in 1952, has internationally supported people in their projects and coached them in communication and personal development. She conducted comprehensive research about the potential of older people and found that ingrained perceptions about ‘age’ should be reversed. The author works as an expert and advisor in the field of international development cooperation. She lives in Pforzheim and Genoa.



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ART OF LIVING

New Releases 2016

Helena Koch
**Empower Your Soul with the
12 Tree Energies**

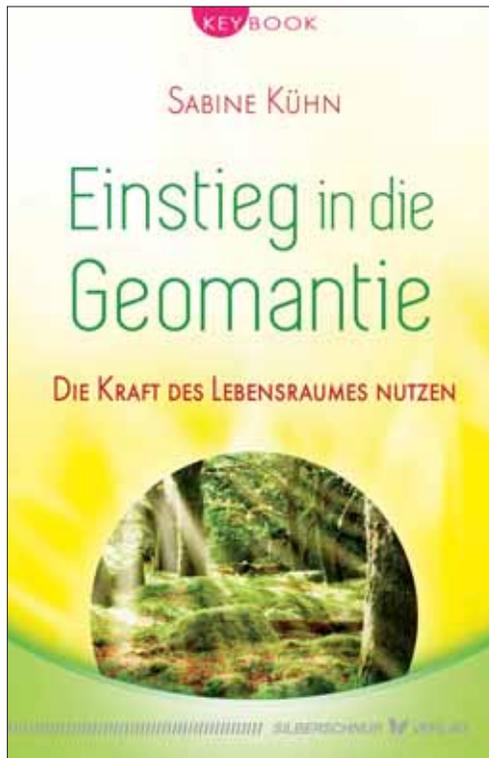
Release the power of your soul

Helena Koch shows us how to be more mindful of our soul's needs with the help of a mixture of the 12 life principles of trees, numerology and colours. With this in mind, the author created the 'soul star' to point out the correlations between our experiences in the outside world and our innermost perceptions. With its help we will learn to communicate with the power of our soul and develop a deeper understanding to finally reach a subtler, profounder consciousness and live a harmonious life.



HELENA KOCH

Helena Koch is a trained colour consultant, has worked with tree essences since 1995 and has been familiar with numerology from childhood. Since her discovery of the subtle forces, especially the forces of colours, trees and numbers, she has conducted research in this field and developed the soul star to illustrate the integrative potential of holistic thinking. Helena Koch works as a lecturer and consultant.



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144 pages, softcover

ART OF LIVING: HUMANITY & NATURE

New Releases 2016

Sabine Kühn **An Introduction to Geomancy** Using the Power of the Habitat

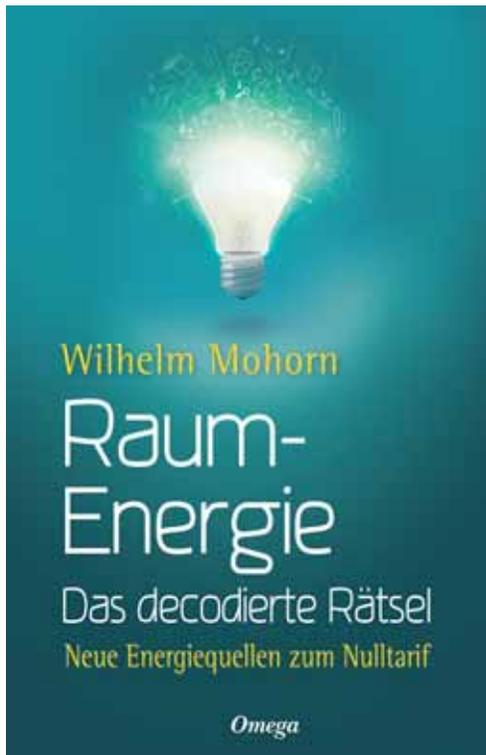
Sensing and using the energy of the earth

Sabine Kühn offers an easy introduction to geomancy and shows you how to perceive and identify energies, identify the quality of an area or a habitat and detect irritation zones. You will learn how to identify disharmonies and make them vibrate appropriately again - in line with the needs of the particular location. With the help of geomancy, you can create an agreeable living atmosphere and find places of power or create them at home. Sabine Kühn offers useful and proven guidelines to change the energies in your living space at home until you feel comfortable.



SABINE KÜHN

Sabine Kühn works as an author, Reiki teacher, and aura photographer, teaches pendulum divination, and helps people achieve a fulfilled, happy life. With her methods, she focuses on helping people help themselves. They are easy to apply, great for everyday use and bring joy to those who practise them.



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240 pages, 4-coloured, hardcover

ENERGY & PHYSICS

New Releases 2016

Wilhelm Mohorn
Space Energy – The Decoded Mystery
New Sources of Energy at Zero Cost

New sources of energy at zero cost

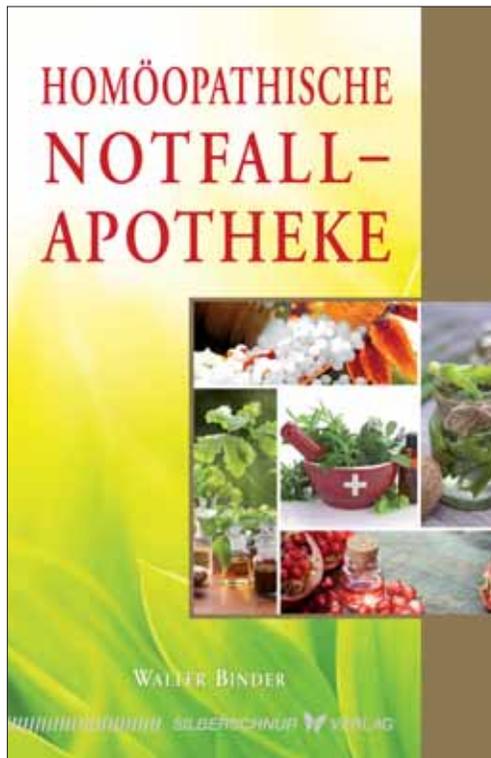
Little by little, our sources of energy are running dry and new energies are expensive and not always sufficiently available. We are in dire need of a new, inexpensive and clean alternative source of energy. Wilhelm Mohorn explains one of the most fascinating discoveries in the energy sector. Space energy is inexhaustible, eco-friendly, safe and completely free of charge.

He explains in detail how space energy can be used and shows us that even at this stage, each one of us can benefit from this energy revolution and use this new source of energy at zero cost.



WILHELM MOHORN

Wilhelm Mohorn, born in 1954, Dipl.-Ing., inventor and founder of the company Aquapol, conducted fundamental research on space energy and developed a multi-patented appliance for space energy. He won the Kaplan Medal of the Austrian Federal Ministry of Science and Research, the IENA 2001 gold medal for innovative space energy technology and numerous other national and international prizes and awards.



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208 pages, softcover

HEALTH & HEALING / SMALL SERIES

New Releases 2016

Walter Binder **Homeopathic First Aid Kit**

First aid with homeopathy and Bach flowers

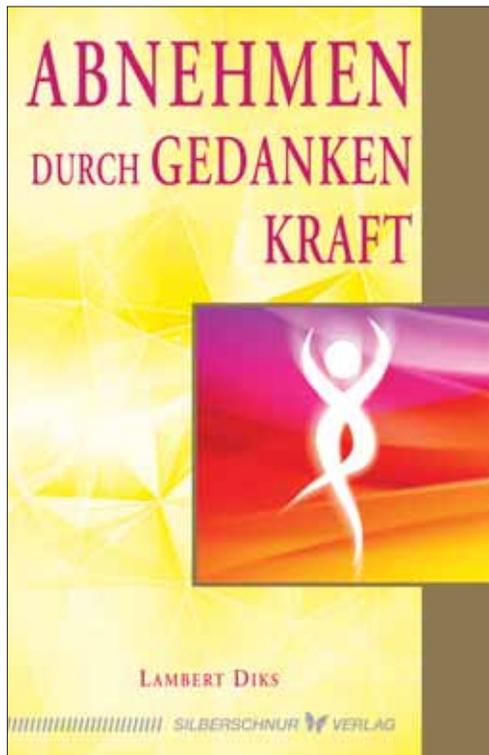
Whether you are dealing with accidental injuries, domestic accidents or minor wounds: homeopathy helps.

This book offers expert advice in all situations requiring rapid assistance - whether you are travelling or at home. It clearly explains the appropriate first measures in various emergency situations and how to use the suitable homeopathic and Bach flowers remedies. A handy book of reference everybody should have in their medicine chest to rapidly and efficiently carry out first measures in emergencies.



WALTER BINDER

Walter Binder is the author of several books on topics such as nutrition, naturopathy, homeopathy, acupuncture and health. He worked as an emergency paramedic for the German navy and in hospital. Since 1977 he is a medical homeopathic practitioner in his own practice.



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HEALTH & HEALING / SMALL SERIES

New Releases 2016

Lambert Diks

Using Your Mental Power to lose Weight

Is overweight hereditary? Can diets really be effective?
And how can I finally become slim?

This book is for all overweight people who believe that they cannot change anything about their overweight.

Lambert Diks introduces you to your mental power. A power available to you round the clock that you are already using without knowing it.

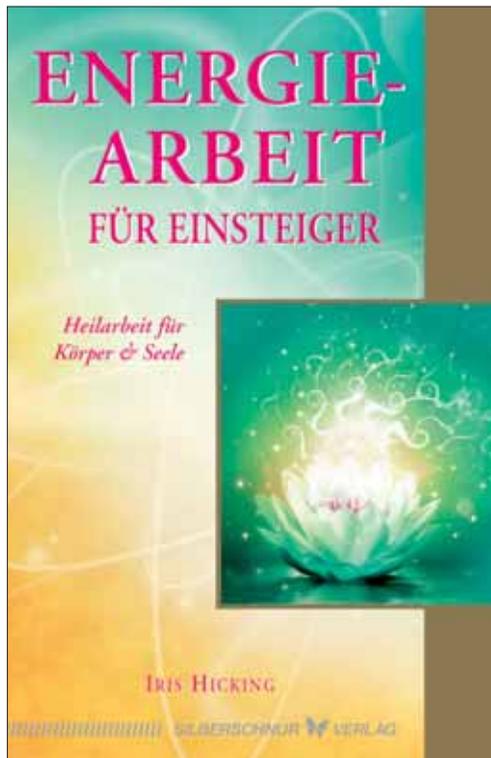
This book teaches you how to consciously and positively make use of this mental power to weed out fattening thought patterns and lose weight in the process.

Finally, your door will be open to a life without being overweight!



LAMBERT DIKS

Lambert Diks was born in Indonesia, moved to the Netherlands at the age of 9 and has lived in Germany since 1974. He is a healing practitioner and Reiki master and helps people not only lose weight but also solve other problems in their lives. Because with his method, you can not only lose weight but also apply it to any problems in life.



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HEALTH & HEALING / SMALL SERIES

New Releases 2016

Iris Hicking **Energy Work for Beginners** Healing Work for Body & Soul

Useful tools for energy work

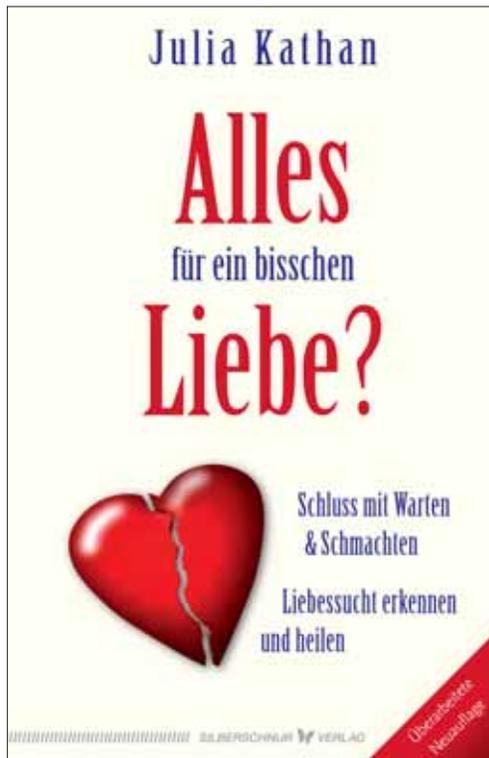
Holistic health begins at the energetic level because we all have an energetic body that is as essential for our wellbeing as our physical body.

Spirit healer Iris Hicking teaches you the basics of spiritual healing work. In an easily understandable way, Iris Hicking introduces you to the interpretation of diseases and guides you to work with subtle energies. She provides you with the right tools to successfully conduct energetic healing work.



IRIS HICKING

Iris A. Hicking, born in 1971, never wanted to be who she is today: a witch, a healer, and a medium. But now she actually enjoys it! The author studied psychological counselling and also has a Reiki Grand Master degree, an education in runes, angel contacts and much more life has shown her.



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192 pages, paperback

PERSONAL DEVELOPMENT

New Releases 2016

Julia Kathan
Just For a Little Bit of Love
No More Waiting and Pining!

In our society, 'addiction to love' is a widespread phenomenon affecting people who tend to fixate on love and relationships as an elixir and always fall in love with the 'wrong' person. Julia Kathan not only gives an in-depth account of the symptoms of addiction to love, but she also offers solutions and reveals the patterns behind all the repetitions. She shows us how to transform addictive love to true love and encourages and inspires us to change.



JULIA KATHAN

Julia Kathan is a singer and songwriter, was trained as an actor in Germany and Los Angeles and participated in TV and radio productions. She has been a practising Buddhist for 27 years which contributed to her experiencing a transforming introspection. As a love coach, she passes on her own experiences with addiction to love and shows you how to overcome it.



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184 pages, softcover

PERSONAL DEVELOPMENT

New Releases 2016

Lena

Always Newly in Love

Having a Happy, Intimate Relationship

A unique self-help book for relationships – modern, fresh and authentic just like the author herself

Relationships are all about love, fun, freedom and intimacy – and all of this should be easy and, above all, individual. Lena shows you how to create an intimate relationship specifically for your needs. She does not run things by the book but explains how to create love, let go of norms, avoid distance and fights in a relationship, experience greater intimacy and simply enjoy being together with your partner.

Discover how to love like you want to and how to be happy in your relationship!



LENA

Lena was born in 1986 and is one of the first crystal children. She completed state school and passed the Abitur like a normal child, but she has always felt alone and misunderstood. After the Abitur she remembered who she is, found her mission and began to live it. Today Lena works in the field of animal communication and helps teenagers find their life-task and dream job.



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192 pages, softcover

PERSONAL DEVELOPMENT

New Releases 2016

Jessica Lütge
Love Your Creativity
Let Your Inner Artist Smile

A journey to your creativity

Each one of us is creative and has an inner artist – but when did you last give it your time, space and trust? Together with Jessica Lütge, you will go on a pilgrimage to yourself and meet your inner artist. It will open up new perspectives to you and lead you to colourful inner landscapes where you will become more aware of yourself. Eventually, you will find your great inner treasure: your own spontaneous creativity that can be so enriching to your everyday life.

Finally, your inner artist will fully blossom – look forward to it!



JESSICA LÜTGE

Dr. Jessica Lütge is a pedagogue, primary school teacher and a counsellor. In her work, she focuses on providing a secure space where children and parents experience appreciation, loving security and joy.



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248 pages, paperback

PERSONAL DEVELOPMENT

New Releases 2016

Kurt Tepperwein **The Way We Love Today** The Secret of Fulfilling Relationships

Recipes for having a mature relationship

Kurt Tepperwein reveals the secret of happy relationships and shows how to successfully overcome problems in long-term relationships. He points out proven strategies to solve messed up situations and crises and provides useful advice to create a fulfilling love relationship.

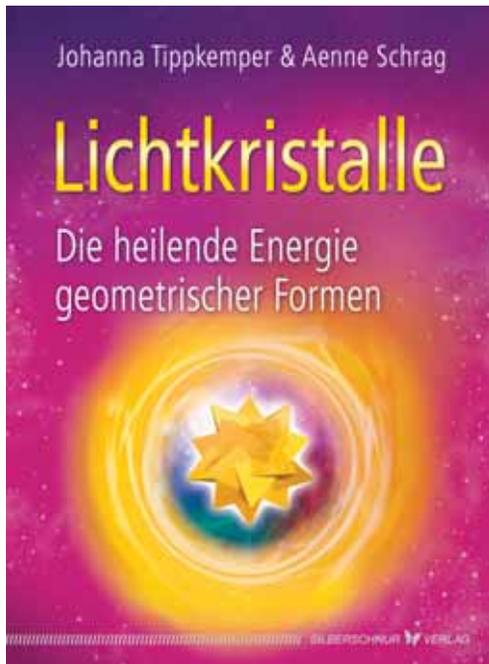
Learn how to have a harmonious relationship where the wellbeing of both partners comes first. Discover how to live a beautiful, fulfilling everyday life, learn to see the other one's quirks as enriching, strengthen things you have in common and create magical moments. Your successful, conscious path to a happy, fulfilling relationship!



KURT TEPPERWEIN

Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress.

He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.



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208 pages, completely coloured,
numerous pictures, softcover

PERSONAL DEVELOPMENT: INNER WISDOM

New Releases 2016

Johanna Tippkemper & Aenne Schrag
Light Crystals

The Healing Energy of Geometric Forms

Building blocks of the primal matrix

We are surrounded by the vibrations of many different energy forms in our world, and as living organisms, we are connected with all of these energy forms.

Discover how to make use of this energy and transmit healing vibrations to the human organism. To this end, this book offers a complete description of symbols and light crystals of holy geometry with their healing characteristics. Using them, we can harmonize dissonances and activate energies to keep humans and nature in good health.

There is no limit to the use of healing geometric symbols and light crystals - they open the door to something completely new.



AENNE SCHRAG

Aenne Schrag is a certified Feng Shui counselor and completed several trainings in energy work. The author lives in Düsseldorf and has been occupied with the Earthkeeper Crystals for quite some time.



JOHANNA TIPPKEMPER

The author is an architect for healthy building and living. In 1990, one of her 3 children died, and this fate dramatically changed her life. Profound questions about the meaning of life led her to her spiritual path.

PERSONAL DEVELOPMENT: SELF-HELP

New Releases 2016



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CD, ca. 50 min. + book 40 pages

Jessica Lütge **Love Your Pounds and You Will Lose Them – Audio-CD**

An Easy, Loving Way

Losing weight in an easy, loving way

Jessica Lütge's holistic, relaxed and loving method makes it easy to reduce weight step by step – without stress or cravings.

A unique method enabling you to start off into a light and breezy life. You will uncover your real needs behind the extra weight, you will get stronger, and the pounds will just drop off along the way.

Finally you will reach your dream weight!

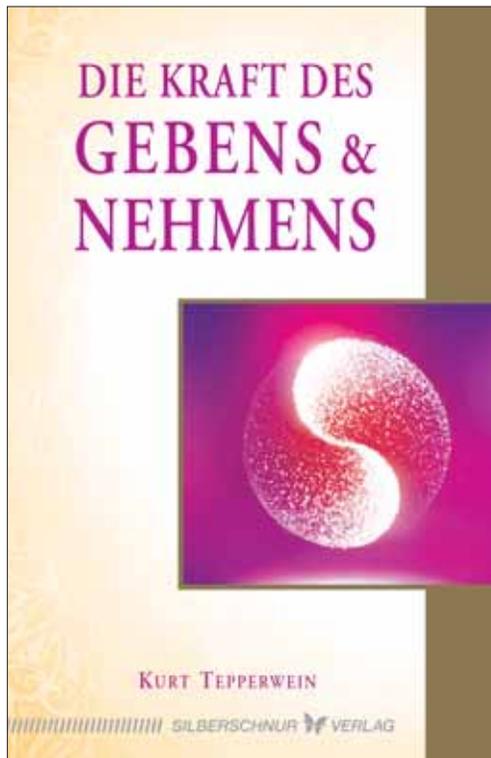
‘With this CD, you can reach your desired weight in a gentle, loving way.’

Jessica Lütge



JESSICA LÜTGE

Dr. Jessica Lütge is a pedagogue, primary school teacher and a counsellor. In her work, she focuses on providing a secure space where children and parents experience appreciation, loving security and joy.



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152 pages, softcover

PERSONAL DEVELOPMENT / SMALL SERIES *SELF-HELP*

New Releases 2016

Kurt Tepperwein **The Power of Give and Take**

The spiritual law of harmony and balance
Everything in life depends on the balance between give and take. When the scales lose their balance, the resulting imbalance affects physical, interpersonal, social and spiritual aspects. Kurt Tepperwein shows us how to open up to the law of harmony and balance in everyday life and align with the universal principles. Discover how to tap into the healing source of give and take and walk through life with ease.



KURT TEPPERWEIN

Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress.

He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.



SPIRITUALITY & ESOTERICISM

New Releases 2016

Claire Avalon
The 12 Universal Rays
Creative Forces that Shape Our World

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320 pages, with a coloured part,
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By the same author:



»The Rays of the Ascended
Masters«
212 pages, incl. 4 four-
coloured pages,
paperback

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How to make intelligent use of the 12 universal rays
In this book, Claire Avalon shows us how the 12 universal rays and the Atlantic priests can help us change everything and create all we need for a successful life. With the principle of creation, precipitation, and the help of the spiritual level, each one of us can develop 'creative intelligence' and influence the process of creation.

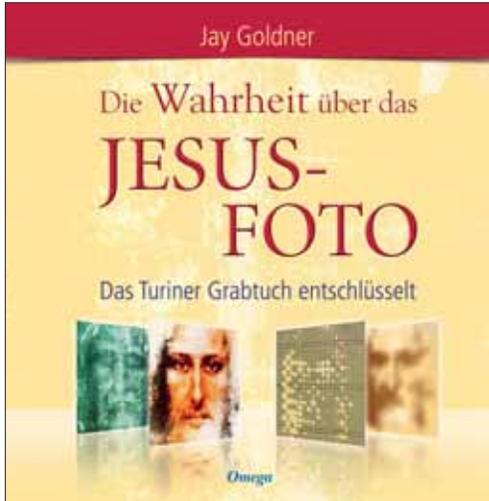
A practical life guide to awareness, growth and the divine plan ...



CLAIRE AVALON

For more than 20 years, the author has worked as a medium for the Masters of the Great White Brotherhood, especially for the Ascended Master El Morya. The science of cosmic rays, also known as esoteric psychology, is the foundation of her work which comprises coaching, courses and workshops.

SPIRITUALITY & ESOTERICISM



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Jay Goldner **The Truth about the Jesus Photograph** The Shroud of Turin decoded

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JAY GOLDNER

Jay Goldner is the author of a dozen books about paranormal phenomena, a long-standing crop circle researcher and an international speaker. As a graphic artist and designer, he designed relevant major exhibitions. In the Austrian Salzkammergut, he manages his own holistic Studio Phoenix.



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It is not a coincidence that you are holding this book in your hands. In your life, you most probably already came across so-called 'coincidences', wondered about them, but intuitively knew that there can be no such thing as a coincidence.

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TRUTZ HARDO

He is regarded as Germany's best known past life regression expert. Millions have seen him on TV where he successfully guided persons into their past lives. His past life regression courses are attended by people from all over Europe. The writer lives in Berlin and works all over the world.



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Guided by White Eagle, each one of us will be able to successfully follow our own path and actively take part in the transformation of our time. So let us embark on the journey.



SUSANNE NEUENSCHWANDER

Susanne Neuschwander (*1974) received a seven-year training in at the Naturheilzentrum 'TAWA' and is experienced in healing work. During her numerous stays with the Indian Navajo tribe in Arizona, she was taught the shamanic wisdom of the Indians. Today she lives in Berne and offers medial coaching enriched by her shamanic knowledge.



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Bernadette Saphira Huber

My Goals, my Guardian Angel & Me

With Your Angel, You Can Do It All

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Bernadette Saphira Huber shows you how to reach the goals of your heart together with your guardian angel. She reveals how to establish contact with the world of the angels and explains how to give your guardian angel the opportunity to create your life in unison with you. Her useful instructions clearly show you how your angel supports you in reaching your goals.

Together with your guardian angel, you will become the creator of your world. In this unbeatable team, you can reach all your goals in life.



BERNADETTE SAPHIRA HUBER

Bernadette Saphira Huber was born in Bavaria, where she still lives today. The sensitive spiritual poet writes for children and grown-ups alike. Her lucid contact to the spiritual world and her gift to write poetry enable her to remind and touch people through creativity.



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Placing Orders With The Universe

A Guide to Fulfilling Your Wishes

Bärbel Mohr shows you how to attract your dream partner, your dream job or your dream apartment and much more with your mind and simply “order” them with the universe. She teaches you how to listen to your inner voice, commit to yourself more and create a more positive life. The humorous book is full of little anecdotes and parables, topped off by daily advice and tips. An ideal gift that inspires sunny thoughts and has mesmerized thousands of readers.



BÄRBEL MOHR

Prior to starting her career as an author, Bärbel Mohr (1964 – 2010) worked as a freelance photographer, editor and graphic designer. Her books were translated into 20 languages and have sold about 2 million copies worldwide.



Bärbel & Manfred Mohr

Cosmic Ordering From the Heart

How Love Empowers Your Wishes

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How Wishes Came True

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Lessons to Make Your Wishes Come True

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Workbook for Placing Orders With the Universe

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In this workbook, the author offers numerous playful exercises to help identify and overcome inner blockades and create a stable ‘dedicated hotline to the above’. Additionally, advanced universe orderers will find crucial hints, tips for money orders and many more suggestions to awaken the universal intelligence in us.

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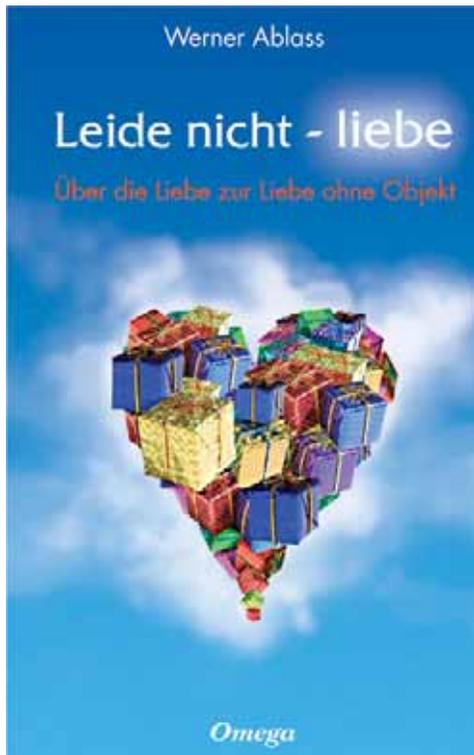
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WERNER ABLASS

Werner Ablass worked as a manager for 7 years before he successfully set up his own business as a management trainer and NLP master in 1994. Today he mainly works as an author and coach, coaching private individuals and organizing 'mind crash seminars'.



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MICHAEL H. BUCHHOLZ

Michael H. Buchholz is an educational consultant, seminar host, personal development coach and NLP practitioner. The author's career path led him to the fields of industry, trade and advertising. He has long been interested in re-discovering hidden knowledge.



Hagen van Beeck

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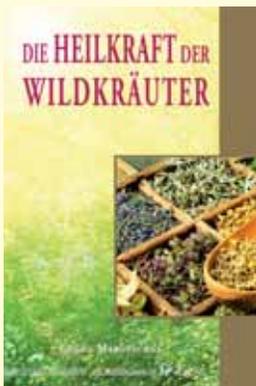
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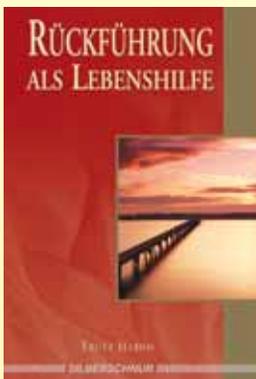
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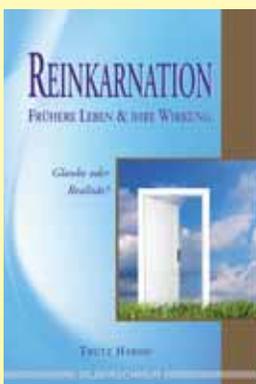
Trutz Hardo

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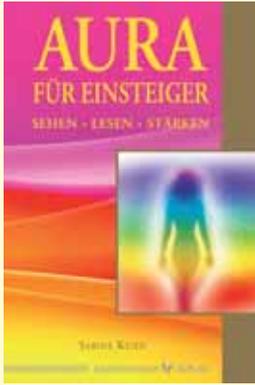
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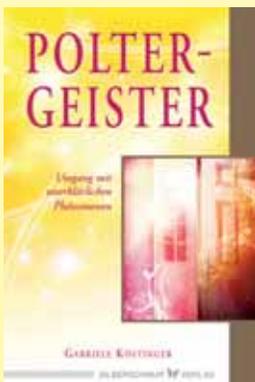
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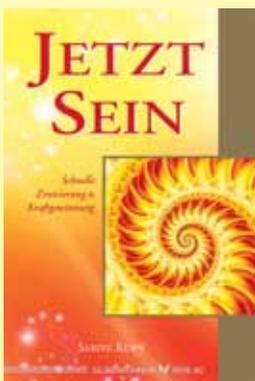
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Being in a relationship is the fastest, most effective path to self-awareness and self-fulfilment, but only if we tread it attentively. Relationships are true spiritual communities where two individuals can support each other on their way to their highest purpose. With deep insight, Manfred Miethe shows us that being a partner means to recognize, complement and experience oneself and each other.

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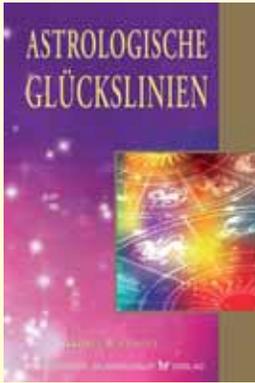
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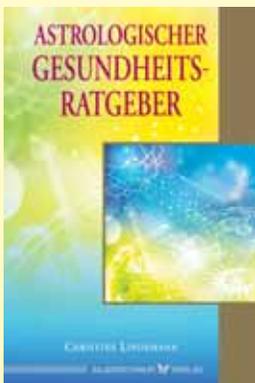
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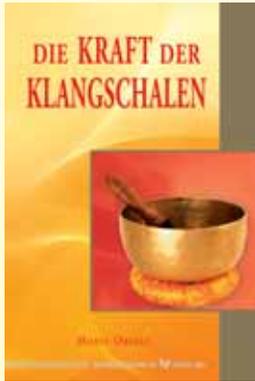
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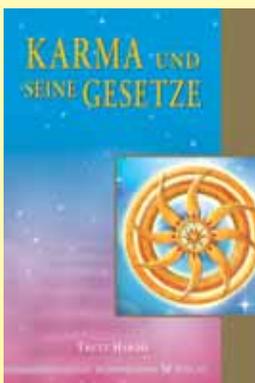
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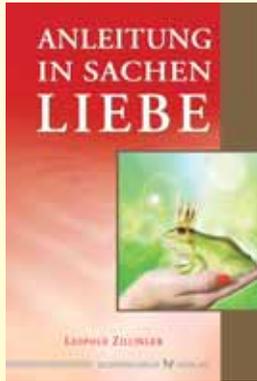
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Purpose & Aspiration of Love

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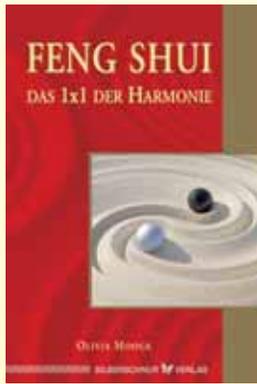
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A break-up is the closing of a door to a room of our past where we experienced everything that was there to be experienced. This book invites us to really process a break-up with a beloved one and to sincerely let them go. It shows us how to emerge from such an experience stronger than before and enjoy the bright beginning of a new day. A step to understanding, forgiving, moving on...

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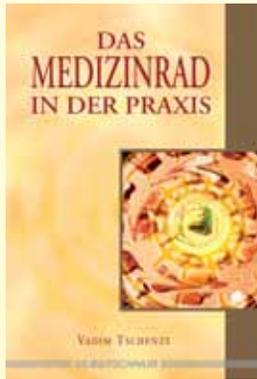
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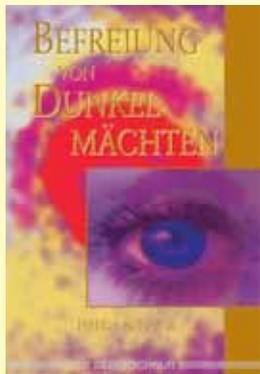
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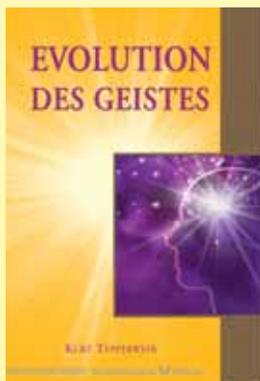
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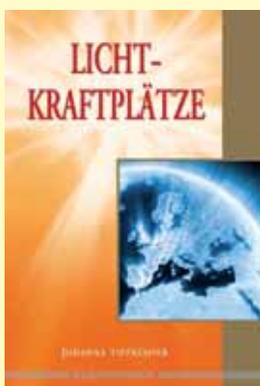
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We already know that wishes just have to be ordered somewhere for them to come true. However, there will always be wishes that remain unfulfilled, and this is where a vicious circle begins which you can only stop by enjoying these unfulfilled things as well. How is this possible? Very easily, with a »magic trick« which the author humorously explains in this hands-on how-to manual.

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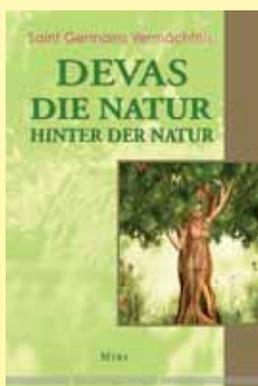
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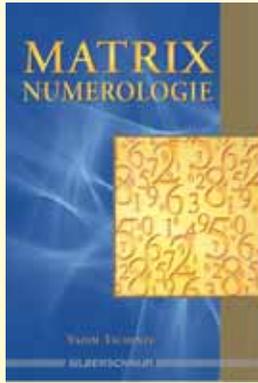
Devas – The Nature Behind Nature

By listening to and perceiving to the sounds of nature, we can rediscover what we need to harmonize ourselves. This book leads you to your inner voice that will always guide you to the right plant, the right metal, the right mineral - to a luminous alchemy of healing. Utilize the healing power of nature with the help of Saint Germain.

176 pages, paperback

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The Small Series



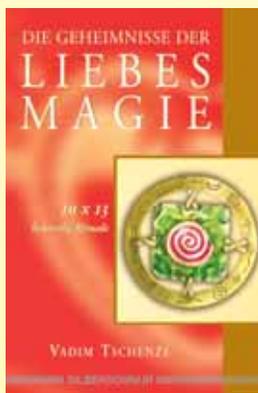
Vadim Tschenze

Matrix Numerology

Our weaknesses and strengths, our characteristics, predispositions and goals, even our family skills – all of them can be found in our date of birth. Matrix numerology offers you a way to get to know yourself better through your date of birth. It enables you to identify your hidden skills and your nature as well as the key skills and weaknesses that destiny bestowed upon you. With this method you will learn who you really are and why you are here. You will discover your very own paths of life.

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10 x 13 Rituals Full of Light

Bestselling author Vadim Tschenze has prepared striking love rituals to help you maintain love rituals for you to help you maintain love in your life. The rituals themselves have been intentionally made very simple so you won't have any problems performing the magic yourself.

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Trutz Harido

To Suffer Is Not to Know

Healing with Past Life Regression

Most books on self-help concentrate on present life but neglect that most of our problems derive from a past life. This book, written by the internationally known past life regression expert Trutz Harido, offers its reader a way to sort out troublesome problems of past times. It allows us to understand physical, emotional and mental afflictions.

192 pages, 105 x 155 mm, paperback

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The Small Series



Jörg A. Zimmermann

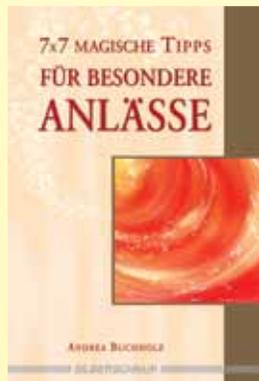
How to Meet Your Guardian Angel

An Encounter With the Teacher Inside of Us

This book shows you three precise ways to meet your guardian angel. The author never diverts to speculative thoughts, but describes everyday incidents proving that angels really exist, that they protect us, help us get out of seemingly hopeless situations, help us develop – and love us endlessly.

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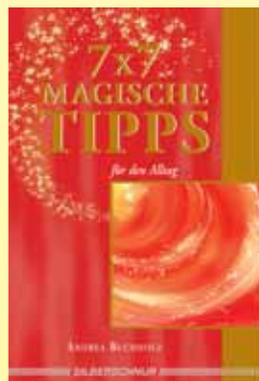
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With her 7x7 magical tips, Andrea Buchholz offers a guide for issues such as finance, success and career, marital happiness on order or working with energies... Trust these practical tips, and you won't have to wait much longer for happiness to come...

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Andrea Buchholz

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Experienced TV astrologer and counsellor Andrea Buchholz presents with 7x7 examples, that many problems are of one's one doing and that solving them often is quite simple – provided that you know how to use »everyday magic.«

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Oracles, Tarot & Cards



Annika McKay

Yoga for You

Perfect for Beginners

Yoga for You is your chance to get to know yoga and discover it for yourself. Thanks to the exercise cards you'll soon be able to create your personal training program according to your own wishes and needs. Far away from clichéd esotericism, you'll learn a 21st century yoga that will help you prepare your body and soul for today's and tomorrow's challenges. Yoga for You is your chance to develop your own yoga from traditional positions, breathing techniques, meditations and mudras that you personally enjoy, encourages you and helps you achieve deep personal satisfaction.

24 exercise cards, training posters,
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Practical Set with 52 Cards and a CD

This set of cards is a dictionary of your soul. It allows you to receive messages of your soul that often go unheard and to translate them into so-called brain codes – concise guidelines that consciously and unconsciously help you give your life a new direction. With this set of cards, you will activate the empowering energies lying within you. You can use it everywhere and in any situation to mentally support a recovery process, re-establish your emotional balance, find your bearing, make decisions or support your personal development.

52 cards, with an accompanying CD
and booklet of 40 pages, in a box

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Oracles, Tarot & Cards



Franziska Krattinger

The Potency of the 144 Words of Power

We all know how hard it is to get off well-trodden paths and change something in our life. The programming of our subconscious mind keeps getting in our way and it seems nearly impossible to modify our attitudes and mindset. The successful Swiss author and acknowledged life coach Franziska Krattinger gives us the solution: Words of power virtually blast open the doors to our subconscious mind. These 144 effective cards awaken our inner positive power to autonomously change situations and plans. Only one of these code words is enough to get the energetic flow going again, leading everything to the best outcome! Using these words, you'll see positive changes in your every-day life. You REALLY have the power!

144 cards with brief instructions, incl. mini poster, in a box

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Alexander Kopitkow & Thea

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Journey to the Mirror of Your Soul

The Magical Tarot from the hands of star astrologer Alexander Kopitkow, renowned for his own TV show, is an artistically valuable deck of cards. Its special art style invites viewers to let their own imagery unfold while integrated symbols awaken deeply hidden areas of knowledge, unfolding a creative momentum. Most probably you already wished to ask an oracle for advice – and this fascinating tarot set will give you the answers to all your questions. These unique cards help you get an overview of your current situation, forecast the future and clarify the past. Set out on a spiritual expedition, open the doors to your soul and venture a glimpse into the future.

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Oracles, Tarot & Cards



Gauri Kaiser & Shabari Darcy

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Enchanting pictures of angels, each with an inspiration for every day life, invite us to integrate the love and the lightness of the angels into our lives.

45 four-coloured heart-shaped cards, 90 x 100 mm, in a heart-shaped box

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Claudia Knüppel

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Wonderfully illustrated spiritual beings send out deeply felt messages, advice, comfort, and rays of hope.

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Oracles, Tarot & Cards



Maria Anna Schmitt

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These heart-shaped cards help you to better understand yourself and your loved ones. It provides answers to all the urgent questions about friendship, young love, flirtation and faith in yourself and others.

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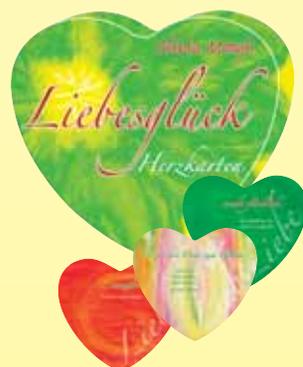
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45 Messages from Heart to Heart

Enlightening pictures and kind words open up and touch our hearts and inspire us to live a »heartful« life.

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Olivia Moogk

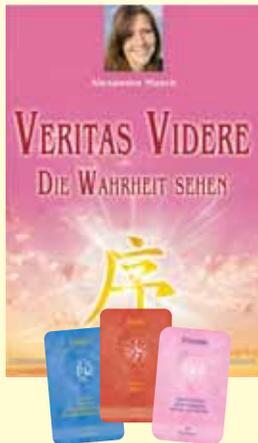
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Olivia Moogk expertly knows how to put a question mark on situations of our emotional lives, and she inspires us to create vital, supportive partnerships. A wonderful addition to any true lover's library.

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Oracles, Tarot & Cards



Alexandra Musch

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28 Cards for Natural Beauty Rituals

TV host and beauty expert Axel Ruth discloses the secrets of beauty care. 28 cards help you take an intuitive choice and let you easily prepare valuable beauty recipes.

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Ingeborg Bergner

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Clean – Strengthen – Protect

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208 pages, paperback, bicoloured,
25 cards (92 x 142 mm), slipcase

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Oracles, Tarot & Cards



Vadim Tschenze

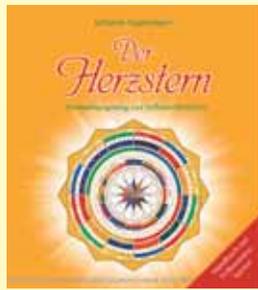
Oriental Prophecy

Divining with Coffee Grounds

Bestselling author Vadim Tschenze reveals the secrets of the ancient art of reading tea leaves, allowing you to make predictions for yourself and your clients. The book contains an extensive list of symbols and their meaning, and the author explains how to interpret the patterns you will find in your cup. Many drawings illustrate the principles being taught.

36 coloured cards (65 x 100 mm) with accompanying booklet, 64 pages

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Johanna Tippkemper

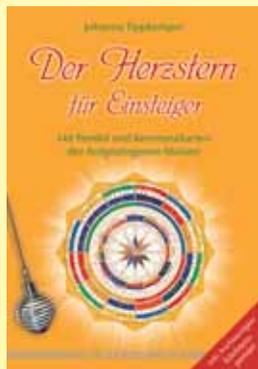
The Heart Star

An Initiation that Leads to Self-awareness

This Heartstar radiates the ancient wisdom of the universe, its high frequency reaches deep into the heart chakra... This appealing set offers a unique set of guided meditations and useful practices for the deeper healing of spirit, mind and body. This precious card deck supports the self-transformation of every reader so they will find answers to guide them through the uncertainties ahead...

208 pages, four-coloured, paperback, 13 cards (195 x 215 mm), slipcase

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Johanna Tippkemper

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With Pendulum and Resonance Cards of the Ascended Masters

If you want to open up and make contact with an Archangel or an Ascended Master, this will be your practical guide. With a pendulum consisting of a metal spiral and a personal stone, we all can reconnect to our subconscious, to all our feelings and to our inner wisdom, with the heart cards playing an essential role as a guide and as an accumulator of energy. The method is unique and ingenious as it can transform all types of old, sometimes unconscious beliefs, thinking structures and blockades.

13 resonance cards (90 x 90 mm), booklet, 32 pages,
with a premium gemstone pendulum, in a box

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Oracles, Tarot & Cards



Dietlind Herlert-Schaaf

Mediumistic Lenormand

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The Original Mystic Fortune Telling According to Mlle Lenormand

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Personality Unfolded

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Carmen Schüle

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Oracles, Tarot & Cards



Gerhard von Lentner

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The Original According to Jegel

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The practical set of rune magic

Wonderful cards and an easy to understand book enable everybody to practise rune magic. Runes can be a good way to connect the spiritual world and the earthy world, and with this set, every reader can gain access to this miraculous experience.

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(NEUAUFLAGE 2017)



Ulf Buck

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The »Heavenly Cards« are a revolution in astrology and in predicting the future. Instead of multitudinous cards, there are only six simple reading patterns. The common astrological signs provide information about key questions and central issues in their »light« and »dark« aspects.

128 pages, 147 x 209 mm, hardcover, 12 cards, 70 x 100 mm

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Marita Zonker

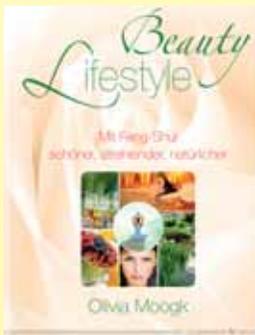
The Wisdom of the Tree Souls

Conversations with Trees and Nature Angels

Learn about the wisdom and great love of trees and nature. Marita Zonker has the gift of communicating with trees, their souls and nature angels, feeling with them and understanding them – and she passes this gift on to us. She enables us to develop a feel for nature and to establish an intense connection with the souls of the trees. Learn to understand trees and other creatures of nature and hear their messages of encouragement and healing, but also valuable messages about the future of the planet and how we treat nature and its creatures...

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How to Become More Beautiful,
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Every woman can be beautiful with the right tricks... Learn how to be truly and always beautiful. Feng Shui Master Olivia Moogk takes you on a trip through the world of beauty and introduces you to the eight pillars of beauty. Discover how wholesome tea cures, baths with fragrant essences, pleasant colours and wholesome shapes enhance your unique beauty. You will also learn how to touch the beauty of your soul, give your thoughts a positive direction, awaken powers to foster harmony and wellbeing, and find inner and outer beauty within this balance.

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Sigmund Schuster

Sleeping Healthy with the Healing Power of Wood

Creating a Vitalizing Sleeping Place

The reason why your sleeping place decides about your health ... This book explores the ethereal foundations of life and the way wood influences our health. Wood engineer Sigmund Schuster describes how every sleeping place can be transformed to an energetic place that positively affects our well-being and health. He shows us how to use the power of nature and bundle the light-force of the tree and the healing power of the wood in our sleeping place. Practical tips to organize a life-sustaining sleeping place with all its positive effects on our soul and health help us use our sleep to heal our body and spirit.

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Diseases and their Causes from a Spiritual Perspective

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New Life with Healthy Skin & Hair

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In her hair practice, bio hairdresser Ingrid Theißen helps people discover a new feeling for life using holistic hair treatments and energy work. In her book she shows us how to treat skin and hair naturally and put an end to skin and hair problems. The author discusses how those problems are connected with imbalances of body and soul and helps us resolve them. The result is a positive development of body, spirit and soul, leading to a new sense of well-being that will be reflected on the outside. Say yes to yourself and your self-determined life with healthy skin and hair!

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Jessica Lütge

Love Your Kilos and Get Slim

The Spiritual Path to Your Feel-Good Weight

Losing weight without being on a diet and without going to the gym? Yes! Without a diet, but with lots of joy, Jessica Lütge developed a holistic, relaxed and loving method to lose weight. She is a living example proving that the method works: she lost 30 kilograms in 8 months! With her method, you will easily and playfully lose weight and have fun doing it. You will uncover the hidden reasons why you are overweight and learn how to let go of those extra kilos. Jessica Lütge's motivation scheme helps you survive the difficult initial days without stress or cravings ... from then on, losing weight will become easier and easier!

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New Thinking for a Better Life

For a self-determined life. We want to change, improve, reorganize our life – but what is life anyway? In this book, Kurt Tepperwein looks into the mystery of life and puts all into question. And this is what we should do ourselves. Who can guarantee that the truth we experience is reality? Tepperwein delves deep into the topic of our existence and invites us to be more vigilant in our daily lives. He helps us focus on what is really important in order to recognize who we are and what we want.

144 pages, paperback

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Kurt Tepperwein

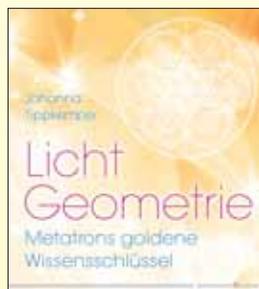
How We Live Today

The Spiritual Path to Your Feel-Good Weight

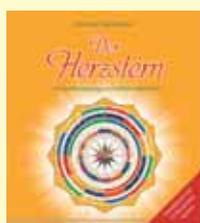
Turn your thinking round! This book is your personal companion and brings some fresh air into your day-to-day life. It invites you to have a closer look at your existence and see life from a new perspective. Entrenched ways of thinking can lead to stagnation, frustration, or often distress. We often think, "I cannot change that". Kurt Tepperwein shows you how to take your life into your own hands and change your personal way of thinking. Together with Kurt Tepperwein, set out on this exciting journey, see life from a new perspective and give it a new meaning!

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The secret of the universe lies in mathematics. All life in the universe developed from this, and all life as well as all growth processes are controlled by holy geometries and their patterns. Archangel Metatron brings this memory back to earth in order to reconnect it with these primal frequencies. The diverse forms of holy geometry have a key-lock function that opens the door to our inner knowledge base and will help us harmoniously go through the current transition to the body of light. When we connect with the holy geometries, entire information fields magically open up in us and something totally new can unfold ...

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Micha Steinhauer

Your Journey to Your Inner Child

Discover the Wonder-full Life

Discover wonder-full life on your journey to you inner child

When we were children, we were warm-hearted and full of joie de vivre. Now we are suddenly fearful of life – what happened? In this poetic, beautifully illustrated book, Micha Steinhauer sets out on the tracks of our childhood and sees the world from the heart again, from a child's view, before it becomes alienated by the adult world. We all once saw the world this way, and Micha Steinhauer helps us remember this miracle. "Your Journey to Your Inner Child" shows us how to go beyond our fears and opt for love. When we are authentic, take a leap into life and see the world through the eyes of a child again, we will discover how wonder-full life can be!

128 pages, four-coloured, hardcover

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Franziska Krattinger

What Jinxes Cling to and Lucky Devils Build on

Everything Starts Small and Ends Big

Many of us already know that we shape our life with the power of our thoughts and feelings. Positive thinking is popular. In theory, this sounds good, but applying it in everyday life isn't easy because people are stuck in old ways of thinking and feeling. Franziska Krattinger describes our stumbling blocks, also known as habits, and offers solutions. The possibilities we have to improve our attitude towards life are surprisingly simple, effective and easy to implement for everyone ... A small book with a big effect because it sparks the power of positive thinking within us!

176 pages, two-coloured, paperback

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Georg Huber

Dissolve Your Limitations – Experience Healing

7 Steps to Freeing Your Soul

A wonderfully healing, freeing method

Each and every disease, fear, feeling and psychological problem have their cause in emotional injuries from the past. Georg Huber's Seven Steps Process is a universal transformational technique to accept and transform old patterns, fears, feelings and physical ailments. This wonderfully freeing and healing method helps you align past and present, heal old wounds, release blockades and change patterns into positive ones. With this process, you will find a way to easily and effectively dissolve your limitations and finally experience healing. *With three meditations to download free of charge*

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Guido Ernst Hannig

Yes! The Job that Really Suits Me Exists!

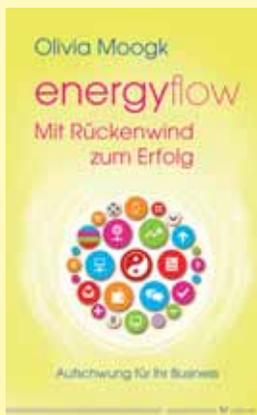
Professional Success and Fulfilment with the WLS Sense Compass

Professional reorientation with the WLS compass

Are you ready for a professional change? With “Work-Life-Sense” (WLS), successful job counsellor Guido Ernst Hannig helps you make your vocation come true. He leads you straight back to your wishes, dreams and talents and helps you translate them into concrete, achievable goals. Whether it’s about an outplacement, the next career step or the implementation of a new business idea – the WLS method supports you during your professional reorientation. On your way to your true calling, this book offers new perspectives and provides you with useful tips to turn your calling into a career and finally find professional success and fulfilment.

192 pages, flexocover

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Olivia Moogk

energyflow – Boost Your Success

Get Your Business Going

More successful than ever with energyflow!

Give your business an energy boost! Small tricks with a big impact make every business a success – Olivia Moogk shows us how. The successful entrepreneur explains the qi factor, the essence of a rich wealth of fengshui knowledge. She provides you with a step-by-step guide to gain a new perspective on your surroundings and yourself. Numerous practical tips not only help you organise your workplace but also show you how to boost creativity in your business and foster cooperation. Even the right stationery and a well-designed business card can contribute to success. Olivia Moogk points out how small changes can have big effects and how to ride on the wave of success.

256 pages, four-coloured, flexocover

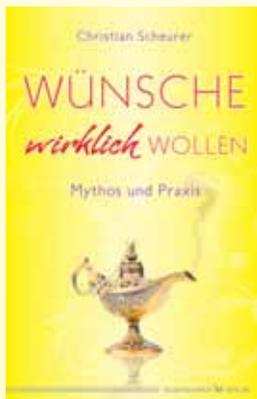
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By the same author:



»Feng Shui & Natural Medicine«
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Christian Scheurer

Really Wanting What You're Wishing For

Myth and Reality

We all have wishes we'd like to come true. But only a few of us get what they ordered with the universe. Oftentimes, something seems to go wrong with our orderings. But what is it? In this book, success coach Christian Scheurer goes into the nonfulfillment of wishes and shows us what stands in our way to realize them. In his uniquely laid-back way he shows us how we can all succeed in removing these obstacles - If we do it right. With the help of Christian Scheurer's easily understandable step by step instructions you'll finally manage to burst your own wish bubble!

184 pages, paperback

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Corinna Thiel

Reawakening Your Elemental Feminine Power

This book accompanies women who have taken a new path to responsible self-development and want to bring about changes for a happier, fulfilled life. In order to encourage these women, Corinna Thiel received the messages of feminine goddesses and feminine angel energies that bring up profound truths about the feminine essence in a way that they can be heard, respected and lived. With the help of these energies, you will regain your feminine power, lovingly supported and guided by the guardians of every woman's primal wisdom.

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PERSONAL DEVELOPMENT



Silke Gramer-Rottler

What Sustains Us

The Power of Basic Trust in an Overstimulated World

We're living in a fast moving world that has lost its sense of community and solidarity, where ignorance and fears determine our day-to-day life. Silke Gramer-Rottler shows us how to find back to the famous lightness of being. She explains how to recreate space for the essential things in our lives and make the uncertainties of day-to-day life disappear. This inspiring book asks us to take a break in our fast moving, overstimulated world and set out to confront our fears to see that life sustains us.

120 pages, two-coloured, paperback

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Bernadette Saphira Huber

My Angel Protects Me

Creative Prayers for Children

Little Luna tells us how she finds help with her angel and God and why she enjoys praying. With small examples of typical situations in children's lives, Luna shares her thoughts and offers help with praying. In this wonderful prayer book, children learn how much they can achieve with an open, trusting heart and how their ever present guardian angel protects them. Bernadette Saphira Huber attentively listened to her daughter Luna's prayers and created unique, poetical prayers for children. With these imaginative prayers and beautiful illustrations, every child will enjoy praying!

160 pages, completely coloured,
with illustrations, flexcover

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SPIRITUALITY & ESOTERICISM: ANGELS



Bernadette Saphira Huber

What Angels Feel Like

Your Connection to the World of the Angels

With her book, Bernadette Saphira Huber builds a broad bridge you can cross to experience the presence of the heavenly helpers. She opens the door to important angel powers to heal, help in tumultuous times or protect. Her empathetic, clear guidance allows you to experience the world of the angels and connect with them. She helps you approach the angel you need to intensely experience the angel's supportive strength, love and healing presence.

152 pages, flexocover, with coloured illustrations

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Ingrid Theresia Bleier

Elohim – The Creator Angels

Practical Light Work

We are living in special times, humans and earth are going through a transition. Many of us already distinctly feel this in their day-to-day lives but don't know how to handle it. The Elohim, divine creative forces, support us during this transitional phase. They help us activate our inner creative power. Ingrid Theresia Bleier shows us how to enlighten our core under the guidance of the loving angels. Her practicable guide to light work paves our way to the divine sphere. The Elohim stand by our side. It is up to us to connect with them and reshape our lives.

168 pages, paperback

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Nicole Andersch

The Art of Spiritually Accompanying Our Children

Happy Child Souls through Holistic Education

When we are children, the foundations of our future personality are laid. This book invites you to discover how to support your child in the best possible way to make sure he or she will be confident and content in life. In a practical, realistic way, graduate pedagogue Nicole Andersch describes a holistic education that prioritizes children's inner life and feelings. You will find out how to accompany your child on his or her path of development based on their personality and how to help them live their own destiny. With the groundwork of this education, your child will find his or her place in the world and lead a meaningful, happy life.

152 pages, paperback

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Trutz Harde

The Isle of Light

Three Guided Meditations

This CD offers three wonderful guided meditations that will charge you with healing energies and let you feel divine love. The meditations help you free yourself from unwanted energies, offer you a colour healing of the body, soul and spirit and charge you with divine energy, vitality and love. With each meditation, awareness of love increases and leads you to finally experience wonderful divine love. "These meditations want to impart the healing of spirit, body and soul and let you feel immense love."

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Georg Huber

Free Your Mediumistic Power

CD with Meditations

We all possess mediumistic senses and the capability to be clairvoyant or to feel in a mediumistic way. But if we don't use these senses, they remain hidden like treasures waiting to be put back to work. Georg Huber helps you discover, develop and strengthen your mediumistic senses. The meditations on the CD free your mediumistic senses from blockades and lift the veil from your third eye. Finally you can let your mediumship unfold! "I want to show you how to access your mediumistic power."

hardcover book, 40 pages,
with CD, 55 minutes

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Bernadette Saphira Huber

Finding Primal Trust in 7 Days

Healing Voices from the Light of the Soul

With her book, Bernadette Saphira Huber builds a broad bridge you can cross to experience the presence of the heavenly helpers. She opens the door to important angel powers to heal, help in tumultuous times or protect. Her empathetic, clear guidance allows you to experience the world of the angels and connect with them. She helps you approach the angel you need to intensely experience the angel's supportive strength, love and healing presence.

40 pages, hardcover book in CD format with CD, 58 minutes

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Trutz Hardo

Fit for a Spiritual Life

A compact but comprehensive guidebook for all those asking for the meaning of life and unhappy with rigid dogmas or commonplace explanations. They want to explore why they are in this world and what the meaning of life and our earthly existence is. This book deals with the essence of spirituality, the world beyond and regression therapy with its diverse applications. The enclosed CD with three meditations is a valuable complement to the book and helps you on your way to a more fulfilled, harmonious life.

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Claire Avalon

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In four volumes, you will get all the essential details about the Atlantic Priests who enrich and intensify our work with the 12 rays. In each volume, seven Atlantic Priests speak up, introduce you to the relevant subject and go back to Atlantis with you in a deep meditation. There you may look at former tasks, talents or activities in order to gain new insights and integrate them into your day-to-day life. The Atlantic Priests don't address only adults, but also children, which is what makes these books so very special. They take you on an exciting journey to Atlantis you will return from with new confidence in yourself and in life, but also with comprehensive knowledge about the spiritual level. The Atlantic Priests are ready to assist you with all your life issues and problems. They help you achieve the goals of your soul and lead a grounded, spiritual life.

Book 1: 296 pages, paperback, Book 2: 312 pages, paperback,
Book 3: 328 pages, paperback, Book 4: 312 pages, paperback,
in slipcase, 4 Books

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Claire Avalon

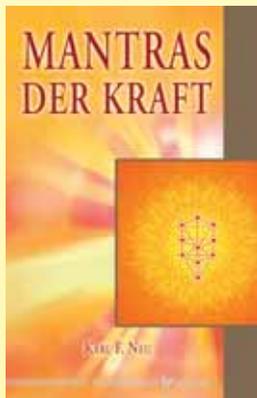
Channeling – Follow the Spur of the Moment

Connection to the Steerers of the 12 Divine Rays

In this book, Claire Avalon, one of the best known mediators between the spiritual levels, explains in an easy-to-understand way what channeling is, how it works and why and how everybody can gain access to the spiritual world. We all have a connection to the spiritual level so we actually don't have to learn to communicate with it - we just have to learn to let go mentally. Supported by the Ascended Masters of the White Brotherhood and the Steerer of the Twelve Rays, Claire Avalon leads us to our very own access to the spiritual world. A wonderful introduction to establishing contact with the spiritual beings.

176 pages, paperback

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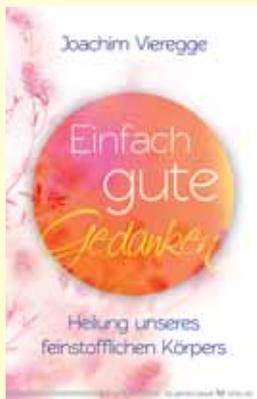
Karl F. Neu

Mantras of Inner Strength

With the help of the 11 mantras, Karl F. Neu shows us how to strengthen our personality, dare more and get bolder. Make use of your inner power source to achieve fulfilment. The mantras enable you to fulfil your destiny in this world and become a whole human being. An important book for all those wishing to make more out of this life, full of practical spiritual advice everyone can immediately try and test ...

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Simply Good Thoughts

Healing Our Ethereal Body

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Usha Gönnewein

33 Cosmic Laws to Understand Real Existence

Usha Gönnewein helps you get familiar with the 33 cosmic energy laws and shows you how to recognize, interpret and apply the New Energy. The spiritual laws of this book help you realize why you are here, how you are, what else you may learn and how to apply what you've learned in order to recognize your divinity as a human being. Much more than just a guide or a workbook, this awareness book gently inspires you to a new understanding of your true being – for an easier, happier and fulfilled life!

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Understanding and using Mediumistic Faculties

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Mirabelle Coudris

How to Deal with Ghosts & Spirits

Experiences and Inspiration to Live with the Invisible World

Mirabelle Coudris provides fascinating insight into the invisible world. She introduces us to ghosts, spirits and miscellaneous creatures of nature and gives us helpful advice about dealing with them. It is noteworthy that the author integrates I-Ging into this book, making it clear that the invisible powers don't harm us but stand by our side. Mirabelle Coudris alleviates our diffuse fears about the world of ghosts and spirits and shows us how to respectfully deal with the creatures of the invisible world – a world which is very close to us and wants to help us deal with life openly and fearlessly.

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Lena is a special kind of author. As a crystal child, she doesn't write with the mind but with her feeling heart... Here she paves your way so you can follow your heart, too. If you accept your heart as your teacher, guide and best friend, if you dare to ask your heart, it will reveal you how to become happy. Lena shows you how to get into contact with your heart, feel and hear it and learn from it.

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Fritz Weber

Finding What Your Partner Cannot Give You

We often say, "I love you," but what we really mean by that is, "I need you". Trapped in unfulfilled desires and needs we use each other in order to feel better, happier and more alive. We unconsciously try to live on the other person's energy instead of finding the true source of fulfilment in ourselves and take our happiness into our own hands. Fritz Weber invites us on an exciting transforming journey to our own great potential to feel love, be happy and enjoy life. This is a book offering a way to heal and fulfil our deep desire for love.

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Trutz Hardo

Free from Fears & Phobia. Identifying and Dissolving the Causes

Past-Life Regression as a New Approach in Fear Therapy

Fear, this vague but ever present feeling of entrapment, puts an unnecessary strain on many people. Oftentimes therapists aren't really successful in eliminating it. Experienced regression therapist Trutz Hardo uncovers the real causes of fears revealing that most of them can be found in past lives. His new approach to fear therapy resolves fears and phobia at the core. He goes into nearly every known anxiety disorder and shows that you can almost always resolve the causes of your fears and free yourself from them for good.

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Trutz Hardo

I Have Lived Before

Children Prove Their Reincarnation

Children often have amazing memories about their former lives. The bond to their last life hasn't been completely cut, they haven't forgotten it yet. This is why small children often tell us about their former lives – details they couldn't possibly know if they hadn't experienced them. This book invites you to discover numerous accounts of children sharing their memories about former lives. The children's stories and their verification by well-known scientists prove that children know what many adults have long forgotten: We don't live only once.

232 pages, paperback

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Tina von der Brüggen

Animal Communication for Children

Easy to Learn Communication With Animals

Wouldn't it be great to be able to speak with animals, understand them and know what they want to tell us? Children very often have the potential to telepathically communicate with animals, it just has to be awakened. In her wonderfully illustrated book, experienced animal communicator Tina von der Brüggen invites you and your child to learn how to speak with animals and to re-establish your connection with nature. This easily understandable, playful introduction to the art of animal communication teaches your child to better understand animals' needs, helping him or her develop love and respect for them. Exciting imaginative journeys and practical exercises make communicating with animals a child's play.

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Jessica Lütge

Spiritual Treasure Chest for Families

111 Ideas and Games

111 ideas to play, invent and feel together. Appreciation, security and love within your family don't have to be huge things. Sometimes we simply need little signs of kinship, shared rituals or spontaneous surprises creating loving understanding and wellbeing. Each day, you may wish to learn with your family: How you all feel supported and valued? How you playfully and serenely trust each other? How to be creative and become confident? In this book you will find lots of tips, ideas, games, offers to relax together and share moments of wellbeing. Some will rapidly give you fresh energy, some will whip up lots of happy moments, and some will create a special feeling of togetherness. The great thing is that you can try each offer together with your children, the small ones and the bigger ones.

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Dirk Thomas

Messages of the Forest Fairies

Finding Your Way to the Garden of Eden

Fairies - the enchanting creatures from the fairy tales are really roaming our world. If we re-open our hearts to nature, listen to the burbling of a brook, watch a tree grow and take in the power of nature, we can meet them. In this book, Dana, the fairy queen of the forest, accompanies us into her world. She shows us how to get closer to our true, divine essence again. Step by step, Dana accompanies us to our inner wisdom, explaining how our energetic environment is made up, so that we finally realize that we are a part of the divine order. Those who follow the enlightened advice and grasp the fairy's forgiving hand will find themselves at the beginning of an important step: finding their way into their own Garden of Eden...

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Heidi Findeis

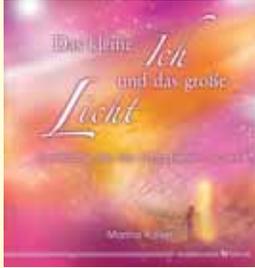
The Power of Nature Mysticism

Feel Yourself With the Spirituality of Nature

As nature mystics, shamans are able to open themselves up to the beauty of creation and see the holiness of their life. In her own wonderful way the author and shaman Heidi Findeis accompanies us on our personal path with practical advice, empathetic exercises, profound thoughts and shamanic knowledge. We experience transformation from a constricted life to the vastness and magnitude of our true existence, where the power of the universe makes sure that we are all being held. For the first time, Heidi Findeis describes shamanism not as a mere technique but as a new way of life - a possibility to enrich our life and expand it. A book that elevates us and leads us to the magic of life...

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Marina Kaiser

Little Me and the Big Light

Conversations That Illuminate Everyday Life

Who hasn't already felt the need to be taken by the hand by a wise, benevolent friend guiding us through life? This unique book is an almost intimate dialogue between little Me and its endlessly wise friend, the big light - a dialogue revealing suppressed truths in ourselves. You will re-experience the feelings of unity, connection and love that have been buried under the problems of everyday life. This spirited book will give you answers to fundamental questions about life, valuable advice and tips, allowing you to find a way out of possibly difficult or seemingly hopeless emotional bottlenecks - thanks to the big light, a wonderful guide... Learn how to connect with your inner guide to free yourself from worries and problems and finally feel as a beloved child of life.

192 pages, four-coloured, hardcover

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Kurt Tepperwein

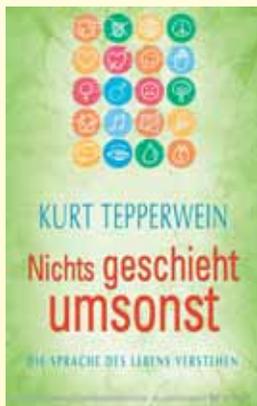
The Huna Secret

The Hawaiian Healing Magic

Huna literally means "the hidden secret". Those who know this secret can shape their destiny as they wish. In this practical book Kurt Tepperwein unravels how we all, with the ancient knowledge of Hawaiian shamanism, can purposefully use our own powers to achieve health, happiness, wellbeing and success. He introduces us to the Huna philosophy and magic and its principal ways of thinking and acting, helping us integrate the Huna teachings into our own life. Valuable tips, exercises and meditations teach us to put the ancient Hawaiian art of living into practice and achieve our aspirations and goals.

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Kurt Tepperwein

Nothing Happens in Vain

Understanding the Language of Life

We all know how hard it is to get off well-trodden paths and change something in our life. The programming of our subconscious mind keeps getting in our way and it seems nearly impossible to modify our attitudes and mindset. The successful Swiss author and acknowledged life coach Franziska Krattinger gives us the solution: Words of power virtually blast open the doors to our subconscious mind. These 144 effective cards awaken our inner positive power to autonomously change situations and plans. Only one of these code words is enough to get the energetic flow going again, leading everything to the best outcome! Using these words, you'll see positive changes in your every-day life. You REALLY have the power!

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Gabriele~Saskia Drungowski

The Best for You

Understanding the Language of Life

In her book Gabriele~Saskia Drungowski opens the door to our innermost rooms. In these rooms, we learn amazing things about ourselves, our relationships and our chosen family. This knowledge enables us to see who we truly are. We understand that we are responsible for our own life, and understanding this, we can take our lives into our own hands and even change the world. Practical instructions and varied exercises and meditations help us realize who we truly are. This knowledge brings us to the cusp of an unexpectedly deep consciousness comprising everything we need to experience our life and journey.

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SPIRITUALITY & ESOTERICISM



Myra

Secret Knowledge About the World and About Life

Saint Germain's Legacy –

Saint Germain speaks out about modern esoteric ideologies. He talks about the sense and nonsense of astrology, channeling, Creation, Kabbala, Christianity and even crop circles, politics, and conspiracy theories. In his detailed explanations about the “correction of a world view”, reflecting on and against the zeitgeist and its impacts on the spiritual domain, Saint Germain impressively does away with many “modern esoteric” opinions and knocks persons and things off their pedestal where, in his opinion, they shouldn't stand. A true iconoclasm in modern esotericism!

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Ines Witte

Live From the Power of Your Inner Core

Ascended Masters Show You How

The Ascended Master Confucius will lead you to intensive contact with yourself and to an inner balance giving you harmony, calmness and contentment. Confucius helps you see the divine plan, acquire knowledge and unfold your own potential. His channelings and meditations support you in re-establishing and nurturing your connection to the power of your inner core. This way you will soon include your higher self as a knowing mentor in your daily life and decisions. In this wonderful book, the master of the yellow ray offers you precious pearls of revelations and encourages you to live your own heart and wisdom.

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Sandra Müller

Metatron – The Archangel Next to God's Throne

A workbook to transform yourself – transmitted by the arch-angel sitting nearest to God. With his loving messages Metatron helps seekers integrate universal knowledge and heal their body and soul. He shows us possibilities to change our life by our actions and by sending out conscious thoughts, in order to find understanding and love for ourselves and others and to free ourselves from karmic patterns. This book shows us ways to awaken our innermost powers to master negative trains of thoughts and finally become the master of our own life.

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Claire Avalon

You Reap What You Sow

El Morya & the White Brotherhood

Why is my life like this? Is everything that happens to me the consequence of my actions and my relationships in former lives? Can I free myself from the ties of karma? El Morya, Ascended Master and ruler of the first Ray, points out how karma affects our life and to positively influence our karma. He describes how to heal karmic wounds and achieve salvation on the terrestrial and spiritual level. He shows us that there is no punitive God – instead, the Father of all life is benignantly and lovingly waiting for the return of every soul. This book clarifies many spiritual propositions so we can integrate them into our daily life.

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Gudrun Weerasinghe

Learning the Language of Animals – So Easy

A Guide to Mind-to-Mind Communication With Animals

The ability to communicate with animals is not a rare gift, but a skill we all possess. An expert guidance to build a deeper connection with the special companions in our lives.

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Gudrun Weerasinghe

Communication with Animals

The Story of a Special Encounter

Gudrun Weerasinghe reveals that the spirituality of our animals doesn't fall short of ours. Far from it: animals mostly live more instinctively, more intensively and much more connected to the spiritual world than humans do. This book is about the telepathic transmissions of a dog providing insight into his past and present earthly and spiritual experiences.

128 pages, paperback

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Birgit Rusche-Hecker

How Animals Touch Our Souls

Understanding Animal Behaviour

In her practice, animal communicator Birgit Rusche-Hecker, well-known from television, helps humans and animals with her energetic and therapeutic work. In her book she shows us lots of typical cases from her practice. Letting the animals have their say, too, she easily answers questions like "How - and especially what - do animals perceive? How do they handle it and how can we humans support our animals?" Animals often mirror the humans, helping them with their personal growth. This is why the author also addresses more serious issues, showing in remarkable dialogues how we can help even ill or traumatized animals if we learn to understand what they are saying.

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Beate Bock

Making the Impossible Come True

A Workbook

With this book the author, who is a very experienced coach, offers guidance for everyday life, which she has acquired in close collaboration with her spiritual friends: a collection of 23 exceedingly effective exercises to gradually gain more love, satisfaction and success in life. A workbook for all those who intend to head for a new direction in life.

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Carmen Schüle

Being Happy Is More than Being Satisfied

This personal book by an expert in palmistry and psychology draws on everyday experiences and attitudes to show how we can change things for the better by adopting new approaches to people and situations. The author shows us how to achieve happiness in each moment.

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Silke Jahr

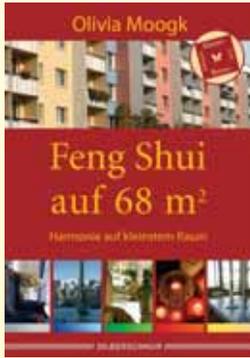
Stone Age Is the New Age

How Quantum Physics Confirms Ancient Knowledge

A book building a bridge between two world views. On the one hand, it sheds a light on aboriginal cultures who perceived the world differently and more comprehensively than most people in our western civilization because they had internalised the oneness of all existence... On the other hand, there is modern quantum physics and its perspective of oneness... A revolutionary book with high informational value which explains the many ways that are available to expand our self-awareness.

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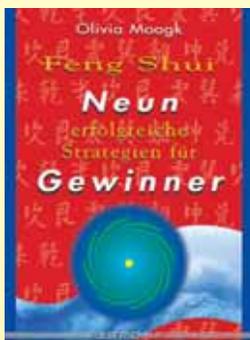
Olivia Moogk

Harmony for the Smallest Rooms

Feng Shui harmonises people and their environment by eliminating disruptive energies and attracting positive energies. This practical book can be directly implemented provided that certain principles will be followed. Includes lots of practical tips to energetically harmonise even the smallest apartment!

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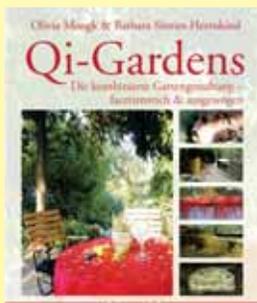
Olivia Moogk

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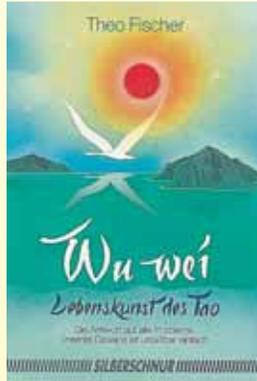
Olivia Moogk & Barbara Sörries-Herrnkind

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The first reference book which combines the 5000 years old knowledge of Feng Shui with the traditional landscape gardening. Thus »Qi-Gardens« is a term describing gardens where you feel safe and secure and where you can just relax. The book also contains extensive planning examples, plant lists, Celtic tree knowledge, recipes from the authors' own garden and much more.

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NEW!

→ page 9



Theo Fischer

Wu Wei – The Balance of Life

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Otto Höpfner

Single-hand Rods & Pyramid Energy

A Useful Guide

Numerous rays and fields influence our well-being – and only a few tools can help us to avoid those influences, e.g. Otto Höpfner's highly sensitive single-hand rod, his pyramid and his amazing ray converter. In useful examples, this guide shows us how everybody can intercept detrimental rays and improve them with the help of the pyramid's energy. It shows us new paths to protect our health, from tolerance of food and drugs or areas disturbing our sleep to other disruptive factors. A fascinating, rich source for the health-conscious!

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Phil Daub

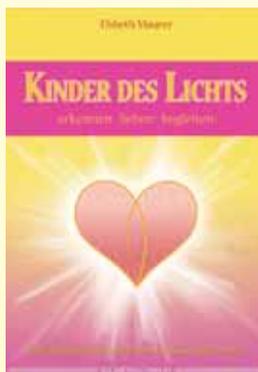
Interview with Joe

Trust Your Inner Voice

A lively dialogue between the author and Joe, his Higher Self, his angel, his inner voice. By listening to your inner voice you will discover the truth within you and let it guide your way. The book offers insights that can help readers grow spiritually and find a deeper sense of purpose in their lives. Beautifully written, exceptionally honest – an extraordinary inspirational book.

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Elsbeth Maurer

Children of Light

An informative and overdue book that helps all the Indigo and Crystal children and their families to better understand and deal with the problems and the needs of these children. Filled with insights and practical guidelines. A book for parents, therapists, social workers, teachers, children and all interested people.

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Ingeborg Bergner

The Diamond Child

Every Child Is a Great Soul

If you would like to encourage your children in their natural spirituality, this book will be of great help to you. Children are the real teachers, the most brilliant of all mirrors. Through their shining eyes divine presence will become apparent. This inspired and inspiring book invites you to follow the candour, the love, the wisdom and the energy of the Diamond Children.

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Monika Molitor

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Are you fascinated by magic and witchcraft and wish to know if you have magical powers? This magical book will accompany you into the world of magic and help you realise which extrasensory powers you have and how to unfold and use them. Here you will find everything you need to become a young witch or magician. Discover what magic is, how it works and how to apply it. Doing magic often means seeing the world through different eyes. Sharpen your senses to see the other world so you can access a path that will deeply change your life. Take heart, discover your powers, start with this book.

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Walter Rotter

Identifying Characters – Understanding People

... Being Happy Together

After more than 3 decades of intensive studies and counselling, Walter Rotter knows how to capture the character of a person, find access to him or her and touch their hearts – solely by knowing their date of birth. You will be surprised by the diversity of these wonderful basic characters, you will learn to understand them – and you will get an amazing feedback...

464 pages, paperback

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Dr. phil. Georg Rupp

Freeing Yourself from the Seesaw of Life

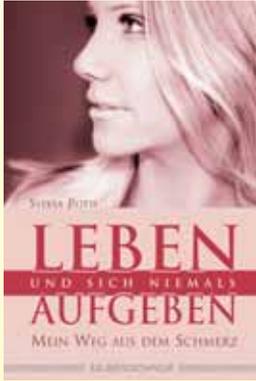
Let Your Heart Choose

Psychologist Dr. Gerorg Rupp invites you to focus on the essential, on what is really important. Learn to free yourself from not being able to choose. This exceptional guide shows you how to listen to your heart where you can easily find all the answers. The author shows you six easy steps to find the right choice for your job, career, family, love life and your life in general. From now on, let your heart decide.

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OPTION: COLOMBIA



Sylvia Poth

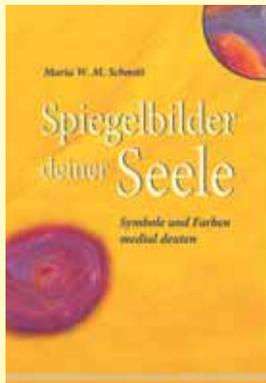
Live And Never Give Up

My Way Out of Pain

A wonderfully simple book, experienced in the mind, felt in the heart and written on a gut level: The story of a life full of pain, surgeries, fear of death, depressions right up to a rape. At the same time, however, this is an authentic self-help guide written by a woman who had to suffer every hardship to become a healer.

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Maria W. M. Schmitt

Reflections of Your Soul

Mediumistic Interpretation of Symbols and Colours

If you want to explore the subconscious, your soul, you have lots of possibilities: one of them, the mediumistic interpretation of auras, symbols and colours through energy images as a mirror of the soul, allows you to shed a light on this hidden form of the self... The mediumistically working writer presents us with a beautiful handbook with and about images mirroring aspects of the soul and providing insight about opportunities for development.

176 pages incl. 16 four-coloured pages, paperback

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Ruth Alice Kosnick

Beat Sugar Addiction

10 Steps to Self-Healing

She beat her own sugar addiction: Ruth Alice Kosnick has found a way to self-healing with the help of her inner mentor. Her program, which focuses on self-awareness and emotional realisation, has become an encouragement and guidepost for those who suffer from the burden of sugar cravings. A spiritual and hands-on approach to solve the problem of having a sweet tooth.

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Dietmar Schenk

Synergemo – the Quantum Code

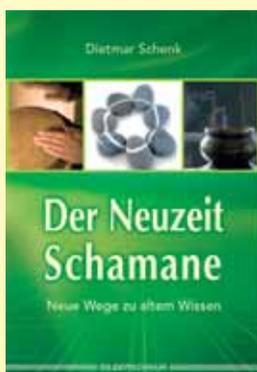
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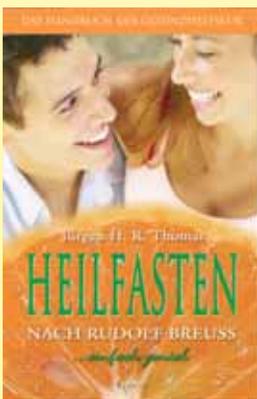
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New Ways to Ancient Wisdom

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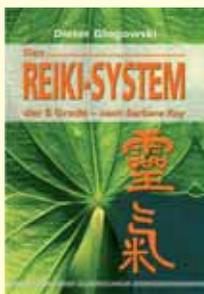
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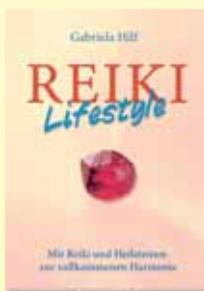
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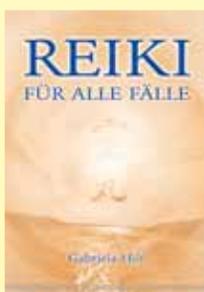
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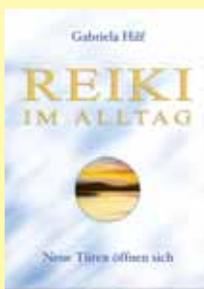
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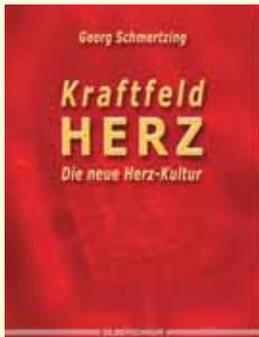
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→ page 16

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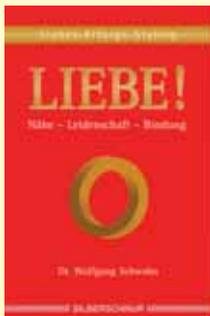
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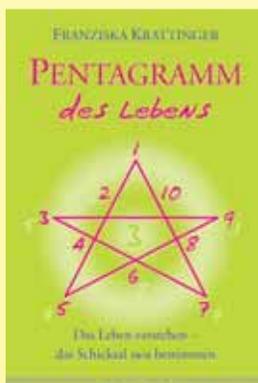
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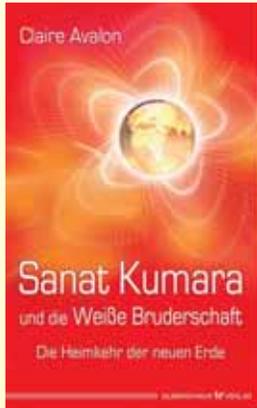
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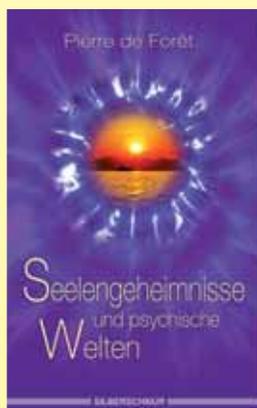
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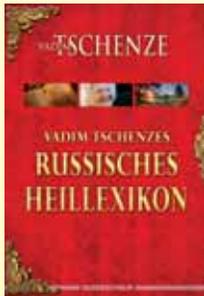
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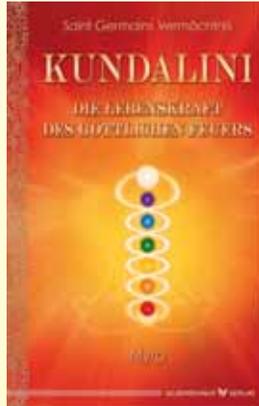
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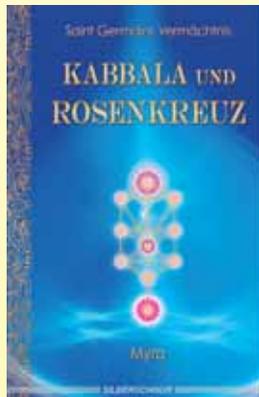
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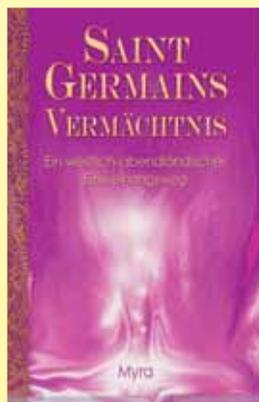
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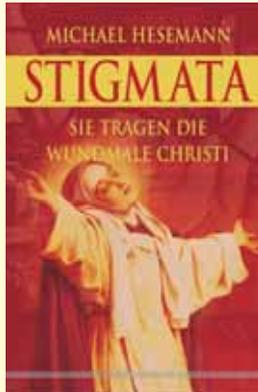
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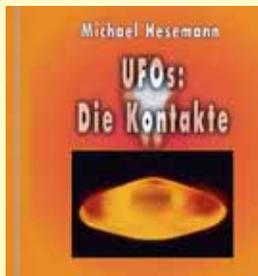
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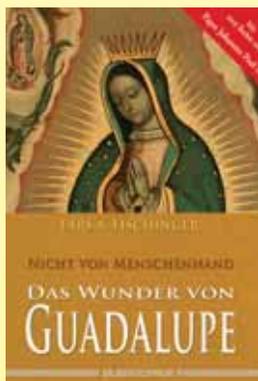
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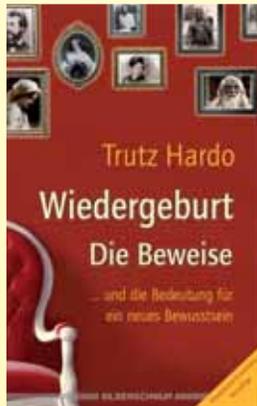
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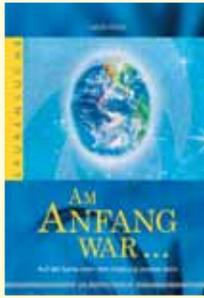
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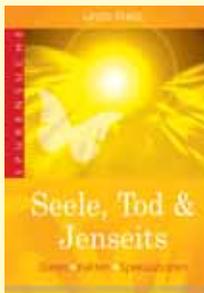
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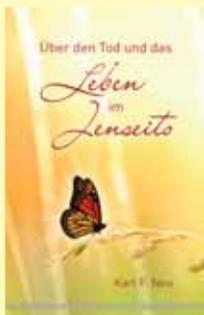
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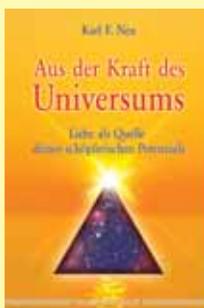
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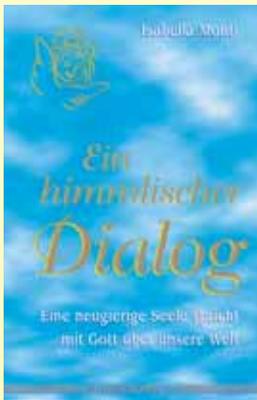
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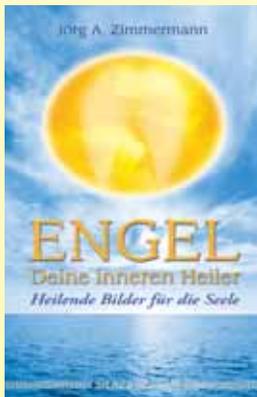
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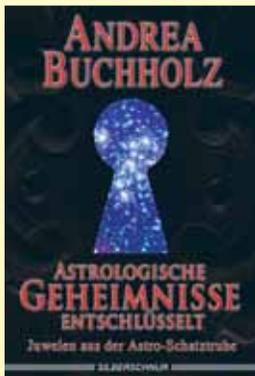
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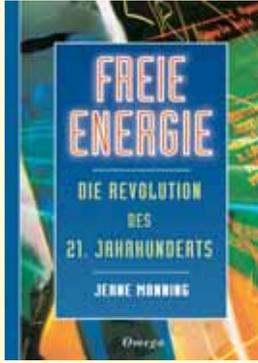
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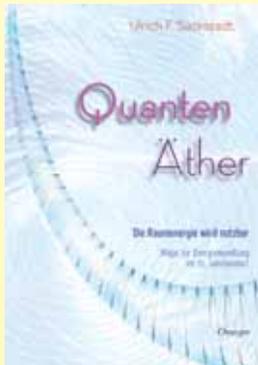
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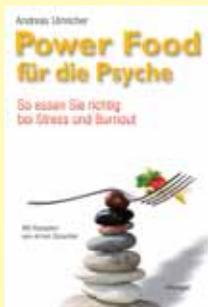
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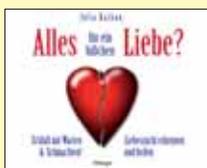
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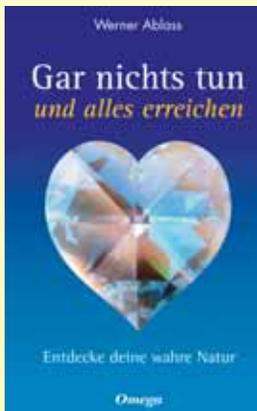
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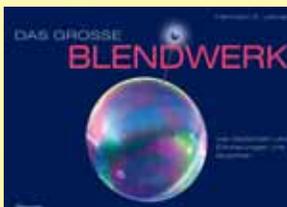
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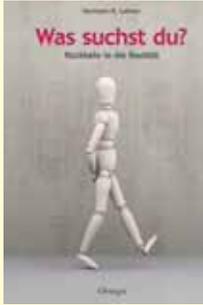
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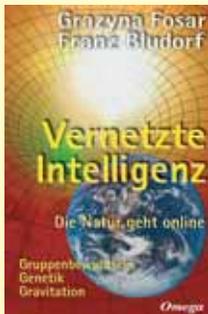
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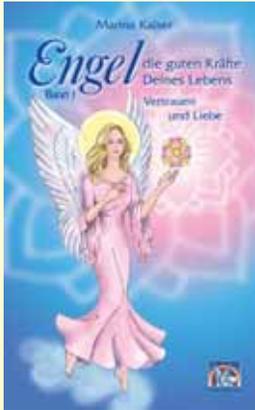
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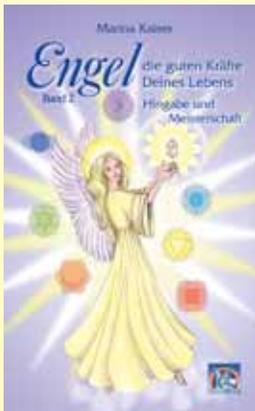
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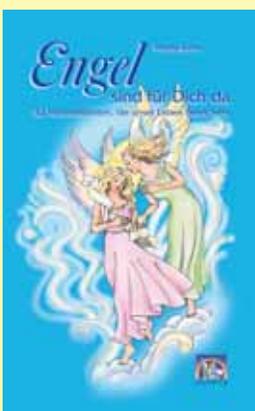
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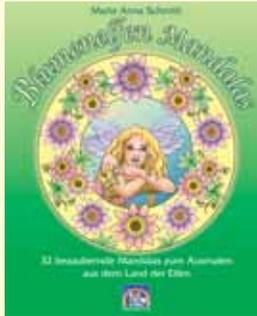
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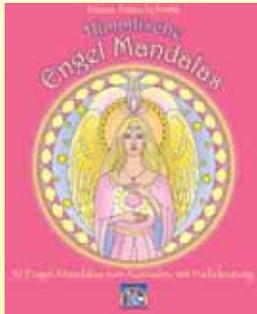
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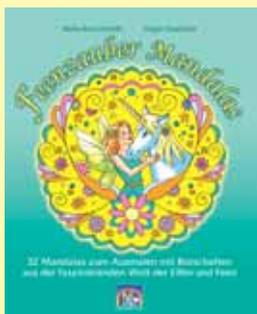
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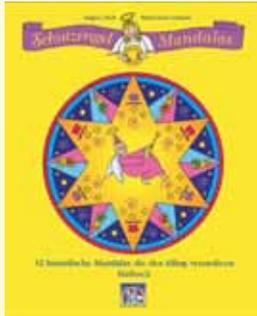
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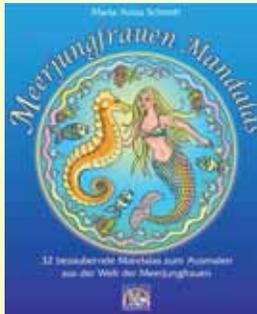
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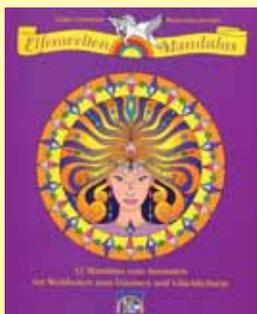
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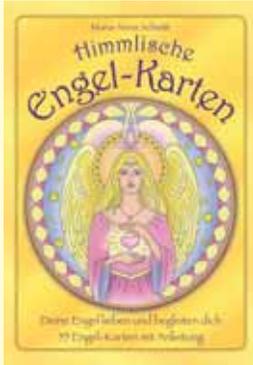
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